

Curriculum Vitae

**Rachel M. Holmes, M. A.**

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**Education:**

**Boston University** September 2006-May 2007  
*Boston, Massachusetts*  
Master of Arts  
Program: Psychology  
Graduation: May 2007

**DePauw University** August 2002-May 2006  
*Greencastle, Indiana*  
Bachelor of Arts, Cum Laude  
Majors: Psychology  
Sociology / Anthropology

**Research Experience:**

**Research Assistant** October 2006 – June 2007  
*Boston University, Boston, Massachusetts*  
Department of Psychology  
*Duties:* investigated the effects of gender and family structure on the content and structure of autobiographical memories, aided in study preparation, collected data, coded and entered data in SPSS, analyzed data, co-authoring paper with supervisor.  
Supervisor: Leslie Brody, Ph.D.

**Research Assistant** October 2002 – May 2006  
Human Development and Emotion Lab  
*DePauw University, Greencastle, Indiana*  
Department of Psychology  
*Duties:* aided in literature searches, created study design, recruited participants, collected data, coded and entered data in SPSS, analyzed data, contributed to paper writing and proofing on three different studies, helped write grants for the lab, and contributed to the peer review process. Completed projects include Tactile Communication, Infant Behavior Regulation, and Geriatric Happiness and Life Satisfaction Studies.  
Supervisor: Matthew Hertenstein, Ph.D.

**Senior Research and Thesis**

August 2005- May 2006

Department of Psychology

*DePauw University*

*Synopsis:* investigated the influence of ovulatory status on risk-taking behavior.

Examined the perceptions and assessment of sexually risky situations, as well as risk-related behaviors of college women over the menstrual cycle.

Supervisor: Kevin Moore, Ph.D.

**Senior Research and Thesis**

August 2005-December 2005

Sociology / Anthropology

*DePauw University, Greencastle, Indiana*

*Synopsis:* investigated how masculine relationships are formed and maintained in a male-dominated work environment. Examined language use and emotional expressivity in men.

Supervisor: Rebecca Bordt, Ph.D.

**Publications:**

Hertenstein, M. J., Verkamp, J., Kerestes, A., & Holmes, R. (2006). The communicative functions of touch in humans, non-human primates and rats: A review and synthesis of the empirical research. *Genetic, Social, and General Psychology Monographs*.

Hertenstein, M. J. & Holmes, R. (2005). Stranger anxiety. In N. Salkind (Ed.), *The encyclopedia of human development*. Sage Publications.

**Clinical Experience:**

**Emergency Services Intern**

September 2006-January 2007

Boston Area Rape Crisis Center

*Boston, Massachusetts*

*Duties:* received Massachusetts Crisis Counseling Certification, recorded and analyzed statistics from Boston area rape/sexual assault cases for Department of Public Health, provided counseling and resources for adult and adolescent assault survivors, abuse survivors, and significant others; volunteered as a toxicology hotline worker, a rape crisis hotline worker, and medical advocate, and developed training sessions for new counselors.

Supervisor: Vienna Rothberg and Sarah Porter, MSW.

**Clinical Services Coordinator/Mental Health Worker**

October 2006-June 2007

Arbour HRI Hospital

*Boston, Massachusetts*

*Duties:* analyzed data from clinicians / hospital staff to improve and develop treatment programs, assessed environmental factors that may influence patient recovery, assessed possible risk factors in hospital practices and protocols, presented findings and

recommendations to hospital committee, planned and implemented therapeutic activities for residential patients, managed patients' crisis situations, charted patients' daily progress.

Supervisor: Michelle MacIntosh, RN,  
Director of Clinical Services

### **Mental Health Worker**

May 2005-August 2005

Oaklawn Psychiatric Hospital  
Goshen, Indiana

*Duties:* implemented group therapy sessions for adolescent patients, conducted one on one check-up sessions, planned therapeutic activities for residents, responded to crisis situations, charted daily progress of residential patients, attended therapy sessions with adolescents.

Supervisor: Amy Wiess, RN.

### **Professional Affiliations:**

American Psychology Association (APA)

### **Honors and Awards:**

- UT Psychology Department Conference Travel Award - 2008
- Faculty Development Commission Undergraduate Research Grant, 2003 and 2004
- Honor Scholars Program, DePauw University, 2002-2006
- Academic Integrity Committee member, 2003-2006
- Psi Chi, National Honor Society in Psychology, DePauw University, Spring 2004- Spring 2006
- Lambda Alpha, National Honor Society in Anthropology, DePauw University, Spring 2005- Spring 2006
- Alpha Kappa Delta, National Honor Society in Sociology, DePauw University, Spring 2005- Spring 2006
- Dean's List, DePauw University, 2002-2006
- Merit Scholarship, Fall 2002- Spring 2006
- Mortar Board, National Honor Society, DePauw University, Spring 2005-Spring 2006
- National Society of Collegiate Scholars, DePauw University, Fall 2004-Spring 2006
- Hartman Center Civic Intern, DePauw University, Fall 2003-Spring 2004

### **Professional Presentations:**

Little, K. C., Welsh, D. P., & Holmes, R. (2008, March). Adolescent sexual behavior and depression. In S. Shulman (Chair), *The association between romantic involvement and depressive symptoms: The search for underlying mechanisms* Symposium presented at the Biennial meeting of the Society for Research on Adolescence, Chicago, IL.

Brody, L. R., Holmes, R. M., Acs, A., Hadas, A., Eneh, U., Spicer, S., et al. (2008, March). Emotions following a peer interaction as a function of gender, gender of partner, and gender of sibling. Poster presented at the Biennial meeting of the Society for Research on Adolescence, Chicago, IL.