

# Lindsey Kate

# Colman, M.A.

APRIL 2010

## EDUCATION:

The University of Tennessee (2006-present)  
Clinical Psychology Doctoral Candidate  
GPA: 3.89

The University of Tennessee (2004-2006)  
Bachelor of Arts in Psychology  
GPA: 3.79

The University of South Carolina (2003-2004)  
Undergraduate Student  
GPA: 3.95

## CLINICAL EXPERIENCE:

### University of Tennessee Medical Center (2006-2010)

Department of Oncology—Cancer Center

Duties: Provide individual psychotherapy with a focus on Behavioral Activation and Problem-Solving Therapy for breast cancer patients suffering from depression and other co-morbid mood and anxiety disorders. Conduct clinical interviews, assessment, and screening, and follow-up interviews for breast cancer patients.

Supervisor: Derek R. Hopko, Ph.D.

### Cornerstone of Recovery (2008-2009)

Clinical Psychology Intern

Duties: Provide couples, family, group, and individual psychotherapy on an inpatient basis for individuals suffering from addiction(s) and co-morbid Axis I and II disorders. Conduct clinical interviews, psychological assessments, and train admissions staff in new assessment measures. Also conduct staff wide trainings to enhance clinical knowledge.

Supervisors: Gregory L., Stuart, Ph.D., Nina D. Morgan, LPC

### The University of Tennessee Psychological Clinic (2007-2010)

Clinical Psychology Trainee

Duties: Provide individual therapy, hypnotherapy, client intake interviews, and psychological/psychoeducational/risk/court-ordered assessments on an outpatient basis for children, adolescents, and adults. Also, as an advanced student (2009-present), provide peer supervision for two first-year students in the clinic in areas surrounding conducting assessment, analyzing data, and helping with report-writing.

Supervisors:

2009-2010: Jack M. Barlow, Ph.D., Mike Nash, Ph.D., Lance Laurence, Ph.D.

2008-2009: Jack M. Barlow, Ph.D., Bev Gibbons, Ph.D., Kristina C. Gordon, Ph.D.

2007-2008: Lance Laurence, Ph.D., Larry Brown, Ph.D., Kathryn White, Ph.D., Jenny Macfie, Ph.D., Catherine Grello, Ph.D..

Peninsula Village (May-October 2005)

Program Counselor/PRN: Girls Admission Unit and Girls Outdoor Program  
Trained in areas of Therapeutic Crisis Intervention, AHA Heartsaver CPR, and American Red Cross certification.

Duties: Help create and maintain a structured environment for girls to participate in their treatment, co-facilitate a community group discussion of issues and provide questions/feedback to patients, charting records on behavior/mood/affect of patients each shift, brought patients to Narcotics Anonymous meetings at an inpatient adolescent long-term treatment facility in Louisville, TN.

## **RESEARCH EXPERIENCE:**

Graduate Research Assistant (2010)

The University of Tennessee

Psychodynamic and Psychotherapy Outcome Research Laboratory

Supervisor: Michael Nash, Ph.D.

Project: Psychological Factors Associated with Entry/Re-Entry into Treatment for Alcoholism and Addiction (2010-2011).

Duties: Current lead investigator, designing and overseeing the project, database construction/management, data collection, data entry. Project analyses archival data on psychological assessments and patient information collected at Cornerstone of Recovery in Louisville, TN.

Graduate Research Assistant (2006-2010)

The University of Tennessee

Health Psychology and Emotional Disorders Laboratory

Supervisor: Derek R. Hopko, Ph.D.

Projects: (1) The Behavioral Treatment of Depressed Cancer Patients in Primary Care (2006-2010).

Duties:

A. Project Director (2009-2010): Provided oversight, peer supervision, organized recruitment, networking through Susan G. Komen for the grant, along with screening, interviewing, psychotherapy, and data management.

B. Therapist (2006-2010): Provided Behavioral Activation and Problem-Solving therapies to depressed individuals with breast

cancer, patient screening for depression, administering diagnostic interviews to individuals qualifying for the study, co-authored the treatment manual for Problem-Solving Therapy utilized in the project.

(2) The Cognitive Effects of Depression on Social Problem-Solving (2007-2009).

Duties: Lead investigator, designing and overseeing the project, database construction/management, data collection, data entry.

(3) Treating Test Anxiety to Improve IQ Performance (2006-2007)

Duties: Administered assessments and WAIS-III performance subtests to participants, conducted a brief cognitive-behavioral intervention directed towards test anxiety, database construction/management.

#### Undergraduate Research Assistant (2005-2006)

The University of Tennessee

Narrative Laboratory/Health Psychology and Emotional Disorder Laboratory

Supervisors: Robert G. Wahler, Ph.D., Noah Roost, Ph.D., Derek R. Hopko, Ph.D.

Projects: (1) Mindful Life Story Project (December 2005-August 2006)

Duties: Conducted narrative interviews, administered WAIS vocabulary subtest to participants, transcribed narrative interviews, coded and scored data on learned measures of narrative complexity, coherence, and emotional articulacy.

(2) Mindfulness Research Project (August-December 2005)

Duties: Coded and discussed documented interviews for narrative richness, coherence, and the "big five" personality traits.

(3) Psychological Predictors of High School Truancy in Rural Areas

Duties: Scored, entered, and analyzed data, researched methodology, discussed professional development issues and research articles in lab group.

#### **PROFESSIONAL PUBLICATIONS:**

Hopko, D. R., & **Colman, L.** (2009). The impact of cognitive interventions in the treatment of depressed cancer patients. *Invited article submitted to the Journal of Cognitive Psychotherapy.*

Hopko, D. R., Robertson, S. M. C., & **Colman, L.** (2009) Behavioral Activation Therapy for Depressed Cancer Patients: Factors Associated with Treatment Outcome and Attrition. *International Journal of Behavioral Consultation and Therapy, 4, 319-327.*

Hopko, D. R., **Colman, L.**, & Carvalho, J. P. (2008) Depression in Cancer Patients: Prevalence, Impact, Assessment, and Intervention. *Depression: Mind and Body, 4, 51-62.*

**Colman, L. K.**, & Hopko, D.R. (*submitted*) Maladaptive schemas and depression severity: Support for incremental validity when controlling for cognitive correlates of depression. *Manuscript submitted for publication.*

Hopko, D.R., Armento, M.E.A., **Colman, L.K.**, Robertson, S.M.C., Carvalho, J.P., Ryba, M., et al. (*in progress*). Behavior Activation and Problem-Solving Therapy for depressed breast cancer patients: Randomized Controlled Trial.

Hopko, D.R., Carvalho, J.P., **Colman, L.K.**, Ryba, M. & Hunt, M.K.. (*in progress*). Predicting adolescent depression in rural Appalachian high school students.

**Colman, L.K.**, & Nash, M. (*in progress*). Hypnotherapy with a child athlete suffering from anxiety: The case of Brianna.

#### **PROFESSIONAL REVIEWS:**

Personality Disorders: Theory, Research, and Treatment (2009)  
Journal of Violence Against Women (2009)

#### **PRESENTATIONS:**

Hunt, M. K., Benton-Wills, J., **Colman, L.**, Smith, J., & Hopko, D. R. (2006). Predicting High School Truancy among Students in the Appalachian South. Poster presented at the 40th Annual meeting for the Association for Behavior and Cognitive Therapies, Chicago, Ill.

Hopko D.R., Armento M.E.A., Robertson S.M.C., Mullane C., Carvalho J., & **Colman, L.** (2007). Cognitive behavioral treatments for depressed cancer patients. Paper presented at the 6th Annual Hawaii International Conference on Social Sciences.

Carvalho, J.P., **Colman, L.**, Gawrysiak, M., Cooper, M., Lynn, K., Hopko, D.R.. (2007). A brief cognitive-behavioral intervention to reduce test anxiety and improve intelligence test performance. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

**Colman, L.**, Carvalho, J.P., Mullane, C., Robertson, S.M.C., Armento, M.E.A., Bell, J., Hopko, D.R.. (2007). A comparison of behavioral activation and problem-solving therapy for depressed cancer patients. Poster presented at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

**Colman, L.**, Lynn, K., Cooper, M., Lawson, R., & Hopko, D. R. (2008). Screening cancer patients with the Harvard National Depression Screening Instrument (HANDS): Depression prevalence by cancer type. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

**Colman, L.,** Cooper, M., Lynn, K., Lawson, R., & Hopko, D. R. (2008). The effects of cognitive vulnerabilities on social problem-solving ability and depression. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

**Colman, L.,** Wolf, N. J., Carvalho, J. P., & Hopko, D. R. (2008). Predicting the frequency, duration, and intensity of running behavior: The inhibitory effects of cardiac anxiety. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

**Colman, L.,** Robertson, S. M. C., & Hopko, D. R. (2008). Behavioral activation for depressed cancer patients: Factors associated with treatment outcome and attrition. Poster presented at the 42nd Annual meeting for the Association for Behavior and Cognitive Therapies, Orlando, FL.

**Colman, L.,** Armento, M.E.A, Robertson, S.M.C., Carvalho, J.P., Mullane, C., Gawrysiak, M., & Hopko, D.R. (2008). A comparison of behavioral activation and problem-solving therapy for depressed cancer patients. Poster presented at the annual meeting for the Tennessee Psychological Association, received honorable mention.

**Colman, L.,** Lynn, K., Overton, K., Schaeftlin, K.A., & Hopko, D.R. (2009). Incremental significance of early maladaptive schemas in predicting depression severity. Poster submitted for presentation at the 43<sup>rd</sup> Annual meeting for the Association for Behavior and Cognitive Therapies, New York, NY.

#### **AWARDS AND HONORS:**

The University of Tennessee (2006-2010):

ESPN Fellowship for Outstanding Progress in Clinical Psychology (\$1200; 2009)

Dean of Students Travel Award to attend the Association for Behavioral and Cognitive Therapies in Chicago, IL; Philadelphia, PA; Orlando, FL , and New York, NY (\$100 annually)

Departmental Travel Award to attend the Association for Behavioral and Cognitive Therapies in Chicago, IL (\$350; 2006); Philadelphia, PA (\$400; 2007), Orlando, FL (\$400; 2008), and New York, NY (\$600; 2009)

The University of Tennessee (2004-2006):

Ed Hawkins Memorial Scholarship for academic achievement recipient (\$2000; 2006)

Hope Scholarship with ASPIRE supplemental Grant recipient (\$4000 annually; 2004-2006)

Aid Association for Lutheran Brothers Scholarship recipient (\$1000 annually' 2004-2006)

Psi Chi Honors Society member (2006)

National Honors Society of College Students Honoree (2006)

National Dean's List Honoree (2005)  
International Scholar Laureate Program—Delegation of Medicine Honoree (2005)

The University of South Carolina (2003-2004)

McKissick Scholars Scholarship for academic achievement (\$3000)  
University of South Carolina in-state waiver for academic achievement (\$10,000)  
Centennial PTSO Scholarship for academic achievement (\$500)  
Williamson County Association of Realtors (WCAR) scholarship for scholastic achievement (\$1000)  
Junior Auxiliary of Franklin scholarship for scholastic achievement (\$2500)  
Kiwanis Club of Franklin scholarship for community service (\$2000)  
Williamson County Soccer Association (WCSA) scholarship for outstanding participation (\$500)  
Lion's Club of Franklin scholarship for exemplary community service (\$2000)

**PROFESSIONAL SOCIETIES:**

Association for the Advancement of Behavior and Cognitive Therapies (student member, 2006-current)  
APA Division of Psychoanalysis (39; 2010)  
Appalachian Psychoanalytic Society (APS), Knoxville, TN (2007-current)  
Psychology Graduate Student Association (PGSA), University of Tennessee, (2006-present)

**REFERENCES:**

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