

Michael J. Gawrysiak

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➤ **OBJECTIVE**

- Completion of doctoral program in Clinical Psychology at University of Tennessee, Knoxville.
- Gain thorough skills as a clinical psychologist (research and practitioner)
- Gain competence in brain imaging (fMRI), research design, and statistical analysis

➤ **MAJOR LEADERSHIP ROLES**

- Leader of the Field Research Team for Dr. David Gilbert, Southern Illinois University, Carbondale.
 - Submitting grant proposals, and approval from Human Subjects Committee.
 - Creating research manuals, including protocols
 - Ordering and integrating computer hardware and software into research study (Hand Held Computers)
 - Recruiting and training researchers to assist with the acquisition of data from human subjects.
 - Recruiting, interviewing, and training human subjects to participate in the Field Study.
- Providing tours of psychology research facilities to undergraduate psychology majors.

➤ **WORK EXPERIENCE AND SKILLS**

INTEGRATIVE NEUROSCIENCE LABORATORY, SPRING 2001 – SPRING 2005

- Acquisition of Electro Encephalography (EEG)
- Data entry and processing
- Working with participants (experimental and monitoring sessions)
- Advertising, recruiting, and interviewing potential subjects for research participation
- Led recruitment of research assistants; paid position

➤ **HONORS AND AWARDS**

- Recipient of the 2003 Undergraduate Creative Research Award Competition (\$1,492)
- Poster Presentation at the 3rd annual Undergraduate Research Forum, 2004.
- Award Recipient of the "Peoples Choice Award" for an "Outstanding Poster 2004 Undergraduate Research Forum Southern Illinois University Carbondale," (\$50.00).
- Deans list (all semesters)

➤ **ORGANIZATION MEMBERSHIP**

- Deans List
- Psi – Chi
- American Psychological Society (APS)
- American Psychological Association (APA)
- Society of Clinical and Experimental Hypnosis
- Phi Kappa Phi

➤ **PROFESSIONAL CAREER GOALS**

- Conduct research utilizing physiological indices to investigate pathology (etiology, assessment, and treatment)
- Investigate relationship between psychopathology, brain structure and function and therapeutic treatment.
- To continually gain a thorough understanding and appreciation of the relationship between the mind and body through the application of clinical research and practice.

➤ **EDUCATION**

- University of Tennessee, Knoxville, Clinical Psychology (Doctoral Program) Department of Psychology (August 2005 – Current) – Academic Advisor: Derek Hopko, Ph.D.
- Southern Illinois University, Carbondale, College of Liberal Arts, Department of Psychology
Cumulative GPA 3.88/4.00 (August 2001 – August 2005)

➤ **REFERENCES**

David Gilbert, Ph.D. - Director Integrative Neuroscience Laboratory
Clinical Psychologist
Department of Psychology
Phone: 618-453-3558

Meera Komaraju, Ph.D.
Program Director Undergraduate Psychology
Department of Psychology
Phone: 618-453-3563

Michael E. Young, Ph.D.
Director of the Brain and Cognitive Sciences Program

Associate Professor
Department of Psychology
Phone: 618-453-3567

PROFESSIONAL RESEARCH EXPERIENCE

Integrative Neuroscience Laboratory Department of Psychology, Southern Illinois University
Principal Investigator of the Ekman Eye Tracking Study Winter 2004 - Summer 2005

- This study is being conducted to investigate the effects that nicotine has on attention and interpretation of ambiguous stimuli. The study is assessing the role that nicotine may have in influencing how one attends to positive and negative stimuli.
- Responsibilities entailed completing the second phase of research acquisition (collecting data from participants).
- Supervisor: Dr. David Gilbert

Integrative Neuroscience Laboratory Department of Psychology, Southern Illinois University
Asst. Coordinator of Research Subject Recruitment Summer 2004

- This work involved planning and executing objectives used to recruit people from the greater Carbondale area to participate in research.
- The experience involved making presentations in lecture hall classes and coordinating a team to hand out flyers and advertise at strategic places in the Carbondale region.
- The work also entailed maximizing the interviewing and screening process by developing an efficient interview computer program through Microsoft access.
- Supervisors: *Dr. David Gilbert & Norka Rabinovich*

Literary Review Department of Psychology, Southern Illinois University
Subject: Psychology and Religion Summer 2004 - Current

- This project entails working with Dr. Meera Komarajuu to conduct a literary analysis on the role that religion plays in mental and physical health.
- This review will integrate various research findings related to the relationship between spiritual practices (e.g. meditation and prayer) and coping mechanisms, adjustment, recovery rate, immune function and a variety of other phenomenon.
- This review will result in a poster presentation at the upcoming *Undergraduate Creative Research Forum*.
- Supervisor: *Dr. Meera Komarajuu*

Integrative Neuroscience Laboratory Department of Psychology, Southern Illinois University
Coordinator of Research Assistant Recruitment Summer 2004 - Current

- The work involved planning and executing objectives used to recruit undergraduate students to participate in laboratory work as research assistants. Also included in job description, public speaking engagements in order to recruit from on-campus resources.
- Supervisors: *Dr. David Gilbert & Norka Rabinovich*

Integrative Neuroscience Laboratory Department of Psychology, Southern Illinois University
Principal Investigator of the Field Research Team Fall 2002- Fall 2004

- A study done in collaboration with Dr. David G. Gilbert to assess the effects of nicotine on behavior and affect in a lab and natural environment. This project involved writing and submitting grant proposals for funding, obtaining approval from the Human Subjects Committee, recruiting, interviewing, screening, paying the research participants and ensuring their well-being during their participation.
- Responsibilities also entailed writing all protocols, collecting, entering, and analyzing the data, programming hand held computers and training a team of research assistants to aid in data collection.
- The study is currently being written up to submit to the Journal of Nicotine and Addiction for publication.
- Supervisors: *Dr. David Gilbert*

Integrative Neuroscience Laboratory Department of Psychology, Southern Illinois University
Research Assistant Fall 2001- Fall 2002

- This project involved participation on a research team investigating the relationships among nicotine dependence and psychopathology.

- Activities involved electrophysiological data acquisition, recruiting research subjects for participation, interviewing to screen for subject eligibility, data entry and minor computer programming.
- Supervisors: *Dr. David Gilbert & Norka Rabinovich*

PROFESSIONAL CLINICAL EXPERIENCE

Integrative Neuroscience Laboratory
Field Research Study

Southern Illinois University
Fall 2003 – Spring 2004

- Worked with research subjects who were required to abstain from smoking in order to complete various phases of the research process.
- Responsibilities for this position were to maintain the consistency of a professional research environment in order to establish a comfortable atmosphere for the participant refraining from smoking. Interpersonal skills (bedside manners) were necessary to establish rapport with research subjects.
- Supervisors: *Dr. David Gilbert*

University of Tennessee Psychological Clinic
Clinical Psychologist in Training

University of Tennessee
Fall 2006 – Current

- Provided therapy and psychological, psycho-educational evaluations for health care seeking clients in the Knoxville, Tennessee region
- Supervisors: *Dr. Bruce Seidner, Dr. Larry Brown, Dr. Bob Wahler*

POSTER PRESENTATIONS

- Gawrysiak, M. J., Gilbert, D. (2004). The effects of nicotine on behavior and affect in a lab and natural environment. Poster presented at Annual Undergraduate Creative Research Forum, Southern Illinois University, Carbondale.
- Gawrysiak, M. J., Komarajuu, M. (2005). The convergence of science and spirituality; Exploring the implications of spiritual practices on mental & physical health. Poster presented at Annual Undergraduate Creative Research Forum, Southern Illinois University, Carbondale.
- Nicholas, C. R. N., Robertson, S. M. C., Gawrysiak, M. J., de Leoni Stanonik, M., Dougherty, J. H., & Hopko, D. R. (2007). Effects of exposure therapy on brain functioning in a war veteran with post-traumatic stress disorder. Poster submitted for presentation at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.
- Carvalho, J. P., Colman, L., Gawrysiak, M., Cooper, M., Lynn, K., & Hopko, D. R. (2007). A Brief Cognitive-Behavioral Intervention to Reduce Test Anxiety and Improve Intelligence Test Performance. Poster submitted for presentation at the 41st Annual meeting for the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

ACADEMIC AWARDS & RECOGNITION

- Dean's List, College Honor's Day Ceremonies
- Psi Chi Psychological Honors Society
Spring 2004 – Current
- Phi Kappa Phi National Honors Society, Member
Spring 2004 – Current
- Annual Undergraduate Creative Research Award Presentation
Awarded People's Choice Award, Spring 2004
- James McHose Senior Honors Award – Awarded to distinguished psychology student