

Erin I. Gray

EDUCATION:

- University of Tennessee**, Knoxville, TN August 2008-present
Doctoral program in Clinical Psychology
Advisor: Dr. Michael R. Nash
- The Pennsylvania State University**, University Park, PA 2004-2008
Bachelor of Arts in Psychology
Primary Advisor: Dr. Kenneth N. Levy
Cumulative GPA 3.95 Psychology GPA 3.97
- Institute for the International Education of Students (IES):** 2006-2007
Link Campus at the University of Malta, Rome, Italy
Temporary Education Abroad: Academic year
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ACADEMIC HONORS AND AWARDS:

- 2004-2008 Dean's List
2007 IES Writing Contest, First Place
2008 Graduated with Highest Distinction (top 2% of graduating class), *Penn State University*
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RESEARCH EXPERIENCE:

- August 2008-Present** **Graduate Research Assistant**
The Psychodynamic Processes and Psychotherapy Laboratory, The University of Tennessee- Knoxville
Advisor: Michael R. Nash, Ph.D.

I am currently managing the Time-Series database in the University of Tennessee Psychological Clinic. The database tracks continuous daily client ratings of symptom change over the course of psychotherapy within the clinic, and it is also essential in the Practice Research Integration Project (PRIP) required in the University of Tennessee doctoral program. Within the lab, I am working on projects primarily focused on psychotherapy research. I am working on a psychotherapy process project using the Time-Series database, which examines the process of symptom change in clients with Major Depressive Disorder (MDD). I am also collaborating on a project that seeks to measure clients' openness to the unconscious, which could be used to better inform treatment in the future.

- Summer 2007- 2008** **Undergraduate Research Assistant**
Laboratory of Personality, Psychopathology, and Psychotherapy, The Pennsylvania State University
PI: Kenneth N. Levy, Ph.D.

Cortisol Study: Research Assistant, Assistant to the Project Coordinator

The primary study in the Laboratory of Personality, Psychopathology, and Psychotherapy compared cortisol levels of individuals with borderline personality disorder to the cortisol levels of a control population. This study consisted of three clinical interviews, including the Adult Attachment Interview, which I was trained to transcribe in the lab. I was also trained as an alternate to the Project Coordinator

for this Cortisol Project, in which I greeted, consented, and debriefed participants of the study (both clinical and control), as well as administered questionnaires to the participants, and conducted telephone prescreening interviews. Another part of this study involved the Trier Social Stress Test, in which I participated regularly as a confederate judge.

Neurocognitive Functioning and “Mind in the Eyes”: Research Assistant

Concurrently, I was involved in a study which investigated Neurocognitive functioning, impulsivity, and Theory of Mind in individuals with borderline personality disorder. For this study, I ran participants (both a clinical sample of individuals with borderline personality disorder and a control sample) through computerized attention measures, including the Wisconsin Card Sort, the Controlled Processing Task, Baron-Cohen’s “Mind in the Eyes Task”, and delayed discounting tasks.

Summer 2007- 2008 **Undergraduate Research Assistant, Laboratory of Psychotherapy, The Pennsylvania State University**
PI: Louis Castonguay, Ph.D.

Research Funding Project: Grant Abstract Coder

This study sought to investigate which kinds of research abstracts receive grant approval. For this study, another coder and I were trained to code research grant abstracts with inter-rater reliability. Once we achieved this, we coded the abstracts on multiple dimensions, such as the type of study, the type of treatment, patient population, and presenting problem in order to further examine the types of studies which receive grant funding.

Summer 2005 **Research Assistant, Study on Culture Shock of American Students in Vietnam, The Pennsylvania State University-Lehigh Valley**
PI: David E. Livert, Ph.D.

Culture Shock Study: Research Assistant

This study began to investigate data collected from American college-aged students during travel to Vietnam. I was involved in the beginning stages of data analyses of this social psychological study of culture shock and anxiety in American students exposed to culturally unfamiliar stimuli in Vietnam. Along with Dr. Livert, I was solely responsible for organizing and entering self-report data from student travel logs into data processing computer programs.

CLINICAL EXPERIENCE:

Beginning August 2010 **Cherokee Health Systems—New Tazewell**

Clinical Placement:

External clinical placement through the University of Tennessee, 16 hours weekly.
Supervisor: Brenda Karns, Ph.D.

August 2009-Present **The University of Tennessee Psychological Clinic**

Clinical Placement:

205 hours of face-to-face client time. Clients include community members and University of Tennessee students, ranging in age from early childhood to adulthood, with presenting complaints covering a broad range of Axis I and Axis II disorders. Clinical duties include the following: conducting full psychological and psychoeducational assessments, scoring and interpreting test data, report writing and case conceptualization, designing and implementing treatment plans, conducting feedback sessions with evaluation clients, and conducting therapy with adults, children, and couples of diverse economic backgrounds. Six hours of face-to-face client contact per week along with six hours of clinical

supervision per week. Supervisors: Jack Barlow, Ph.D., Jeffrey W. Erickson, Ph.D., Lance T. Laurence, Ph.D., Kristina Coop Gordon, Ph.D., Michael R. Nash, Ph.D.

Couples Practicum:

Weekly 3-hour seminar, including 1 hour of didactic training in couples' therapy and 2 hours of clinical supervision in a group setting. Supervisor: Kristina Coop Gordon, Ph.D.

Hypnosis Practicum:

Bi-weekly 1-hour seminar, including the presentation and discussion of clinical applications of hypnosis in addition to hypnosis supervision in a group setting. Supervisor: Michael R. Nash, Ph.D.

TEACHING EXPERIENCE:

- Summer 2010** **Guest Lecturer, *Abnormal Psychology***
Instructor: Michael R. Nash, Ph.D.
- Spring 2009** **Teaching Assistant, *Abnormal Psychology***
Instructor: Guy Edlis, Ph.D.
- Fall 2008** **Teaching Assistant, *Abnormal Psychology***
Professor: Michael R. Nash, Ph.D.

PRESENTATIONS:

- Swan, S. A., **Gray, E.**, Wong, A. J., Lounsbury, J. W. & Nash, M. R. (2010). Openness to the Unconscious: Reliability and validity. Poster presented at the Spring Meeting of the APA Division of Psychoanalysis, Chicago, IL.
- Gray, E.**, Smith, J., Nash, M. (2009). *Psychodynamic psychotherapy for depression: Illuminating processes of change using a time-series design*. Poster presented at the annual meeting of the Tennessee Psychological Association, Nashville, TN.
- Nicholas, C. & **Gray, E.**, & Nash, M. R. (2008). *Management of acute anxiety reactions in the Emergency Room*. Paper presented at the annual meeting of the Society for Clinical and Experimental Hypnosis, Philadelphia, PA.

PROFESSIONAL AFFILIATIONS:

- 2005 NSCS (National Society for Collegiate Scholars), *Penn State Chapter*
2005 Phi Eta Sigma (National Honor Society), *Penn State Chapter*
2006 Psi Chi (National Honor Society in Psychology), *Penn State Chapter*
2007 APA Student Affiliate
2008 Phi Beta Kappa, *Penn State Chapter*
2010 APA Graduate Student Affiliate
2010 Appalachian Psychoanalytic Society (APS) Graduate Student Member

SKILLS ACQUIRED:

- 2007 Proficiency in Adult Attachment Interview transcription
2010 Proficiency in administration and scoring of numerous psychodiagnostic evaluation measures