

Curriculum Vitae

Noah L. Roost, Ph.D.

Education:

- Ph.D. Clinical Psychology
University of Tennessee
Knoxville, TN
APA-Approved
Granted: August, 2008
Dissertation: *Impediments to presence: Oblivious and reactive mindlessness.*
Chair: Robert G. Wahler, Ph.D.
Committee: Kristina Coop Gordon, Ph.D., Allen Dunn, Ph.D., Michael Olson, Ph.D.
- M.A. Clinical Psychology
University of Tennessee
Knoxville, TN
Granted: May, 2005
Thesis: *Mindfulness and narrative: Connecting experience and story*
Chair: Robert G. Wahler, Ph.D.
Committee: Kristina Coop Gordon, Ph.D., Lowell Gaertner, Ph.D.
- B.A.,
Magna Cum Laude Anthropology
Columbia University
New York, NY
Granted: May, 1994

Clinical Appointments:

Clinical Psychologist: Private Practice, Portland, Oregon, 2009-Present.
Provided outpatient therapy to adults, adolescents, couples, and seniors. Provided assessment services to the Portland Veterans Affairs Medical Center and to Washington State Social Security Disability.

Postdoctoral Psychology Resident: Primary Care Mental Health Integration Fellowship, Portland Veterans Affairs Medical Center, Portland, Oregon, 2008-2009.
Primary Care Rotation: Provided short term CBT therapy, intake assessment, and psychological assessment to primary care patients. Provided consultation to primary care providers.

Home Based Primary Care Rotation: Provided in-home services, including individual psychotherapy and assessment of decision-making capacity, dementia, and caregiver giver functioning.

Geriatric Assessment Clinic: Provided cognitive and psychiatric assessment to facilitate the differential diagnosis of dementia as part of a multidisciplinary team.

Elective training in treatment of pain management and post traumatic stress disorder:

Predoctoral Psychology Intern: NYU-Bellevue Clinical Psychology Internship, New York City, 2007-2008.

Consultation Liaison Psychiatry Rotation: Provided supportive individual therapy, psychiatric consultation, and assessment in inpatient and outpatient medical settings, including the ICU, CCU, Dialysis Unit, Oncology Ward, Vascular Surgery Ward, and Cancer Center Outpatient Clinic.

Comprehensive Psychiatric Emergency Program Rotation: provided risk assessment, clinical interviews, and disposition planning in Bellevue Hospital's psychiatric emergency room.

Inpatient Forensic Psychiatry Rotation: provided assessment, disposition planning, and individual and group therapy to forensic patients.

Mind Body Clinic: Organized and led mindfulness meditation groups, conducted in-service training, and outreach to hospital staff.

Mental Hygiene Clinic: Treated adults, adolescents, children, and families using cognitive behavioral, psychodynamic, and systemic therapies. Provided intake evaluations and psychological assessment.

Program for Survivors of Torture: Conducted intake evaluations and provided treatment to refugees who are survivors of torture.

CONSULTING EXAMINER: Private Practice, Knoxville, Tennessee, 2006-2007.

Conducted clinical interviews and psychological testing for children, adolescents, and adults applying for social security disability.

CLINICAL PSYCHOLOGIST TRAINEE: University of Tennessee Psychological Clinic, Knoxville, Tennessee, 2003-2007. Provided individual psychotherapy, marital therapy, psychological testing, and psychological evaluations to clinic patients.

PSYCHOLOGY EXTERN: Peninsula Village, Louisville, Tennessee, 2005-2006.

Long-term residential treatment center for adolescents. Provided individual and group therapy to adolescents. Organized and lead mindfulness group. Conducted comprehensive intake evaluations and psychological assessments of adolescents. Attended treatment team meetings for treatment planning.

INTAKE CLINICIAN TRAINEE: University of Tennessee Psychological Clinic, Knoxville, Tennessee 2004-2005. Conducted comprehensive intake evaluations of adults, children, and adolescents.

CLINICAL ASSESSMENT EXTERN: Knox County Juvenile Courts, Knoxville, Tennessee,

2004-2005. Conducted forensic evaluations of juvenile offenders and their parents. Provided treatment recommendations.

SOCIAL FACILITATOR: Atlanta Academy, Atlanta, Georgia, 2001-2002.

Provided classroom support to fourth grade child with Asperger's Syndrome during the transition into a mainstream school. Observed social dynamics and offered social instruction and role-playing. Provided academic tutoring.

GROUP FACILITATOR: Clay White Hiking Group, Atlanta, Georgia, 1999-2000. Co-lead after school outdoor sensory integration program for children with autism, developmental coordination disorders, and Tourette Syndrome.

TELEPHONE CRISIS COUNSELOR: Nightline, New York, New York, 1995 – 1997.

Counseled callers on issues ranging from depression to drug abuse and provided appropriate referrals.

Research Appointments:

RESEARCH ASSOCIATE: Cognitive Strategies Intervention Project, Portland VA Medical Center, Portland, Oregon 2008-2009. Conducted research on cognitive rehabilitation of mild traumatic brain injury. Duties included data analysis and manuscript writing.

CO-PRINCIPAL INVESTIGATOR: Mindful Life Story Project, Knoxville, Tennessee, 2005-2007. Designed and implemented a study of the relationship between self reported mindfulness, psychological symptoms, and narrative measures of complexity, coherence, and emotional articulacy. Developed emotional articulacy rating scale. Trained narrative raters. Organized and oversaw data collection and input.

TEST DESIGN CONSULTANT: Resource Associates, Knoxville, Tennessee, 2004-2005. Designed a web-based measure of managerial and entrepreneurial skills for Trump University. Researched relevant skill and interest inventories. Identified relevant managerial and entrepreneurial content. Wrote individual assessment items.

CO-PRINCIPAL INVESTIGATOR: Mindfulness Research Project, Knoxville, Tennessee, 2003-2004. Collaborated in research and conceptualization of a study of the relationship between measures of mindfulness, "big five" personality traits, and narrative richness and coherence. Trained narrative raters. Organized and oversaw data collection, data input, and analysis.

RESEARCH ASSISTANT: College Adaptation Study, Knoxville, Tennessee, 2002-2003. Participated in planning and analyzing a study of the effects of life stressors on college students' mental health. Collected, entered, and analyzed data.

PRINCIPAL INVESTIGATOR: Reading Fluency Project, Atlanta, Georgia, 2001. Planned and executed a study of the efficacy of two reading fluency treatment programs. Trained and oversaw six teachers delivering interventions. Analyzed data. Provided school administration with recommendations about reading fluency training.

RESEARCH ASSISTANT: Georgia State University Reading Project, Atlanta, Georgia, 2001. Developed and prepared materials for a study comparing the efficacy of reading interventions for non-reading second graders.

Teaching Appointments:

GRADUATE TEACHING FELLOW: University of Tennessee, Knoxville, 2004-2007.
Instructor of General Psychology, Abnormal Psychology, and Honors Psychology Seminar. Designed course curriculum, including syllabi and course readings. Independently responsible for lecture preparation and presentation, facilitation of discussion, test construction, grading, developing and managing class website.

LEARNING DISABILITIES TUTOR: Self Employed, Atlanta, Georgia, & Knoxville, Tennessee, 2000-2004. Identified learning difficulties in reading, writing, and mathematics among children and adolescents. Provided multi-sensory phonics instruction (Orton Gillingham) for the remediation of dyslexia and other decoding and spelling difficulties. Utilized diagnostic tests to identify specific reading difficulties. Conferred periodically with parents and teachers to discuss the focus and success of tutoring, specific learning issues identified during the course of tutoring, and recommendations about appropriate school placements.

ASSOCIATE TEACHER: Schenck School, Atlanta, Georgia, 1999–2000. Taught English grammar and vocabulary, mathematics, reading, American history, and one-on-one phonics instruction. Worked with students with dyslexia, attention deficit disorder, and obsessive-compulsive tendencies.

CREW LEADER: Northwest Youth Corps, Eugene, Oregon, 1996–1998. Lead groups of 16–19 year old at-risk youths in a residential, job-skills training program. Duties included managing worksite projects, teaching life-skills in evenings, and responsibility for the safety of ten teens working and camping in remote wilderness for six-week periods.

TEACHING ASSISTANT: Bronx Children’s Psychiatric Hospital, Bronx, New York, 1997.
Assisted in a classroom of 10-12 year old patients with psychotic disorders. Attended treatment team meetings. Taught environmental science.

Licensure:

PSYCHOLOGICAL EXAMINER: State of Tennessee, license 11826, 2005-2007.

PSYCHOLOGIST: State of Washington, license 60088206, 2009-present.

PSYCHOLOGIST: State of Oregon, license 2013, 2009-present.

Professional Affiliations:

MINDFULNESS SPECIAL INTEREST GROUP OF ASSOCIATION FOR BEHAVIORAL AND
COGNITIVE THERAPIES

AMERICAN PSYCHOLOGICAL ASSOCIATION
 OREGON PSYCHOLOGICAL ASSOCIATION

Professional Publications and Presentations:

Huckans, M., Pavawalla, S., Demadura, T., Kolessar, M., Seelye, A., **Roost, N.**, Twamley, E. & Storzbach, D. (in press). *A pilot study examining the effect of group-based Cognitive Strategy Training (CST) treatment on self-reported psychiatric symptoms, functioning, and compensatory strategy utilization in OEF/OIF combat veterans with mild cognitive disorder.* Journal of Rehabilitation Research and Development.

Huckans, M., Pavawalla, S., Demadura, T., Kolessar, M., Seelye, A., **Roost, N.**, Twamley, E., Tun, S., McCall, K. & Storzbach, D. (2008) *A pilot study examining the effect of group-based Cognitive Strategy Training (CST) treatment on self-reported psychiatric symptoms, functioning, and compensatory strategy utilization in OEF/OIF combat veterans with mild traumatic brain injury.* Poster presented at the 6th Annual Conference of the American Academy of Clinical Neuropsychology.

Roost, N. & Wahler, R. (2006) *Mindfulness and Narrative: Connecting Experience and Story.* Poster presented at the 40th Annual Meeting of the Association for Behavior and Cognitive Therapists.

Roost, N. & Scherpenisse, E. (2004) *An Exploratory Factor Analysis of the College Life Events Questionnaire.* Poster presented at the 10th Biennial Meeting of the Society for Research on Adolescents in Baltimore, MD.

Hoffman, P., Martin, B., Sims, C., Haag, I., **Roost, N.**, Edlis, G., Peters, E., Stephens, Y., & Handler, L. (2004). *The relationship between segregated systems on the Adult Attachment Projective and object relations.* Paper presented at the Society for Personality Assessment Midwinter Meeting, Miami, FL.

Martin, B., Hoffman, P., Sims, C., Peters, E., Haag, I., Edlis, G., **Roost, N.**, Stephens, Y., & Handler, L. (2004). *Using projective measures to examine the relationship between adult attachment status and object relations.* Paper presented at the Society for Personality Assessment Midwinter Meeting, Miami, FL.