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1. Graduate School and Accreditation Information

The Ph.D. Program in Counseling Psychology at the University of Tennessee (UT) is accredited by the American Psychological Association (APA) Commission on Accreditation. For more information regarding our accreditation status or other accreditation-related issues please contact:

APA Commission on Accreditation 750 First Street NE Washington, DC 20002-4242

Phone: 202-336-5979 TDD/TTY: 203-336-6123 Email: apaaccred@apa.org

In order to serve the mission and vision of the Graduate School and preserve the integrity of Graduate Programs at the University of Tennessee, Knoxville, information related to the process of graduate education in each department is to be provided for all graduate students.

Based on Best Practices offered by the Council of Graduate Schools, it is important that detailed articulation of the information specific to the graduate degrees offered in each department and program be disseminated. The Department *Graduate Handbook* does not deviate from established Graduate School Policies http://catalog.utk.edu/content.php?catoid=21&navoid=2510 noted in the Graduate Catalog, but rather provides the specific ways in which those policies are carried out.

The purpose of this *Handbook* is to introduce you to the policies, procedures, academic requirements, and standards of professional conduct that are essential requirements for remaining in good standing and completing a Ph.D. in the Counseling Psychology Program.

Graduate students are expected to be aware of and satisfy all regulations governing their work and study at the university. This *Handbook* is not comprehensive. You are responsible for complying with additional policies outlined in the UT *Graduate Catalog*, *Hilltopics*, publications describing the Appeals Procedure, and the Graduate Assistant Handbook available on the Graduate School website (http://gradschool.utk.edu)

Part I. Program Values, Aims, and Curriculum

2. Program Director's Welcome



Gina Owens, Ph.D Program Director

My colleagues and I wish to welcome our new cohort of students, and welcome back our returning students, as we embark on the 2020-2021 academic year. Traditionally, many counseling psychology programs focus on developing students as Scientist-Practitioners, with equal emphasis on each part of the training model. As our training program at UT has evolved, we have developed a third component to the traditional Scientist-Practitioner model, that of social justice advocacy (detailed in Section 5 of the *Handbook*). It is our goal to provide you with an experience that emphasizes and develops your scholarly and professional skills so that you will truly become Counseling Psychologists who are Scientist-Practitioner-Advocates.

As a graduate student enrolled in a program accredited by the American Psychological Association (APA), you are also required to abide by the current APA Ethical Principles of Psychologists and Code of Conduct (see https://www.apa.org/ethics/code). This code governs students' professional conduct from the first day they enter the program. The UT Counseling Psychology Program also has adopted a Statement of Training Values based on the model statement developed by the Council of Counseling Psychology Training Programs (CCPTP). This statement appears in full in the next chapter of this Handbook. Each faculty member and each student has promised to adopt these values as norms that govern all of our interactions with each other. A student's failure to follow either the current APA Ethical Principles of Psychologists and Code of Conduct or the Program Statement of Training Values can result in dismissal from the program. It is your responsibility to become familiar with all of the policies and requirements described in these documents.

Returning students will find that, while this version of the *Handbook* is fairly similar to previous versions, some changes have occurred as we continually refine and revise our curriculum, policies, and procedures. Please note that the curriculum that was in place during the year you were admitted remains the course requirements that pertain to you. However, all students must follow the policies and procedures described in the current version of the *Handbook*.

3. Statement of Training Values

Each student and faculty member of the Program is expected to abide by the *APA 2002 Ethical Principles of Psychologists and Code of Conduct*, 2010 and 2016 ethics code amendments, (see https://www.apa.org/ethics/code) and the following statement of training values:

¹Respect for diversity and for values different from one's own is a central value of counseling psychology training programs. The valuing of diversity is also consistent with the profession of psychology as mandated by the American Psychological Association's Ethical Principles and Code of Conduct (2002) and as discussed in the Guidelines and Principles of Programs in Professional Psychology (APA, 2005). More recently there has been a call for counseling psychologists to actively work and advocate for social justice

and prevent further oppression in society. Counseling psychologists provide services, teach, and/or engage in research with or pertaining to members of social groups that have often been devalued, viewed as deficient, or otherwise marginalized in the larger society.

Academic training programs, internships that employ counseling psychologists and espouse counseling values, and post-doc training programs (herein "training programs") in counseling psychology exist within multicultural communities that contain people of diverse racial, ethnic, and class backgrounds; national origins; religious, spiritual and political beliefs; physical abilities; ages; genders; gender identities, sexual orientations, and physical appearance. Counseling psychologists believe that training communities are enriched by members' openness to learning about others who are different from them as well as acceptance of others. Internship trainers, professors, practicum supervisors (herein "trainers") and students and interns (herein "trainees") agree to work together to create training environments that are characterized by respect, safety, and trust. Further, trainers and trainees are expected to be respectful and supportive of all individuals, including, but not limited to clients, staff, peers, and research participants.

Trainers recognize that no individual is completely free from all forms of bias and prejudice. Furthermore, it is expected that each training community will evidence a range of attitudes, beliefs, and behaviors. Nonetheless, trainees and trainers in counseling psychology training programs are expected to be committed to the social values of respect for diversity, inclusion, and equity. Further, trainees and trainers are expected to be committed to critical thinking and the process of self-examination so that such prejudices or biases (and the assumptions on which they are based) may be evaluated in the light of available scientific data, standards of the profession, and traditions of cooperation and mutual respect. Thus, trainees and trainers are asked to demonstrate a genuine desire to examine their own attitudes, assumptions, behaviors, and values and to learn to work effectively with "cultural, individual, and role differences including those based on age, gender, gender identity, race, ethnicity, culture, national origin, religion, sexual orientation, disability, language, and socioeconomic status" (APA Ethics Code, 2002, Principle E, p. 1063). Stated simply, both trainers and trainees are expected to demonstrate a willingness to examine their personal values, and to acquire and utilize professionally relevant knowledge and skills regardless of their beliefs, attitudes, and values.

Trainers will engage trainees in a manner inclusive and respectful of their multiple cultural identities. Trainers will examine their own biases and prejudices in the course of their interactions with trainees so as to model and facilitate this process for their trainees. Trainers will provide equal access, opportunity, and encouragement for trainees inclusive of their multiple cultural identities. Where appropriate, trainers will also model the processes of personal introspection in which they desire trainees to engage. As such, trainers will engage in and model appropriate self-disclosure and introspection with their trainees. This can include discussions about personal life experiences, attitudes, beliefs, opinions, feelings, and personal histories. Assuming no-one is free from biases and prejudices, trainers will remain open to appropriate challenges from trainees to their held biases and prejudices. Trainers are committed to lifelong learning relative to multicultural competence.

Counseling psychology training programs believe providing experiences that call for trainees to self-disclose and personally introspect about personal life experiences is an essential component of the training program. Specifically, while in the program, trainees will be expected to engage in self-reflection and introspection on their attitudes, beliefs, opinions, feelings and personal history. Trainees will be expected to examine and attempt to resolve any of the above to eliminate potential negative impact on their ability to perform the functions of a psychologist, including but not limited to providing effective services to individuals from cultures and with beliefs different from their own and in accordance with APA guidelines and principles.

Members of the training community are committed to educating each other on the existence and effects of racism, sexism, ageism, heterosexism, religious intolerance, and other forms of invidious prejudice. Evidence of bias, stereotyped thinking, and prejudicial beliefs and attitudes will not go unchallenged, even when such behavior is rationalized as being a function of ignorance, joking, cultural differences, or substance abuse. When these actions result in physical or psychological abuse, harassment, intimidation, substandard

psychological services or research, or violence against persons or property, members of the training community will intervene appropriately.

In summary, all members of counseling psychology training communities are committed to a training process that facilitates the development of professionally relevant knowledge and skills focused on working effectively with all individuals inclusive of demographics, beliefs, attitudes, and values. Members agree to engage in a mutually supportive process that examines the effects of one's beliefs, attitudes, and values on one's work with all clients. Such training processes are consistent with counseling psychology's core values, respect for diversity and for values similar and different from one's own.

¹This document was endorsed by the Association of Counseling Center Training Agencies (ACCTA), the Council of Counseling Psychology Training Programs (CCPTP), and the Society for Counseling Psychology (SCP) in August of 2006. The joint writing team for this document consisted of members from ACCTA, CCPTP, and SCP, including Kathleen J. Bieschke, Ph.D., Chair, (SCP), Arnie Abels, Ph. D., (ACCTA), Eve Adams, Ph.D., (CCPTP), Marie Miville, Ph.D., (CCPTP), and Barry Schreier, Ph.D., (ACCTA). This document is intended to serve as a model statement for counseling psychology training communities and we encourage sites to adapt the CPMTVSD to reflect their particular environment. The writing team for this document would like to acknowledge Laurie Mintz, Ph.D. and her colleagues at the University of Missouri-Columbia; the values statement for their program served as the starting point for the current document. Correspondence regarding this document should be directed to Kathleen J. Bieschke, Ph.D., 306 CEDAR Building, University Park, PA, 16802 or to kbieschke@psu.edu.

4. Statement on Values Conflicts

The UT Counseling Psychology Program is committed to preparing psychologists to serve a diverse public and to successfully negotiate their worldviews, beliefs, and/or values as they relate to providing psychological services. Consistent with professional competency standards set by the American Psychological Association (2016) and recommendations from the APA's Board of Educational Affairs (2015), the training program is geared toward cultivating knowledge, skills, and awareness among trainees so that trainees can successfully navigate potential conflicts in values, particularly as it pertains to clients whose worldviews, beliefs, or behaviors may conflict with trainees' own values. Program faculty view values conflicts as normal parts of the general training process and each student's specific developmental process. Accordingly, the faculty view such conflicts as training opportunities for students that should be navigated in consultation with supervisors and other faculty when appropriate. In accordance with disciplinary standards in psychology, program faculty recognize that trainees vary in their developmental trajectories regarding their journey to professional competency, including how to effectively deal with values conflicts with clients. However, the unequivocal goal of the training program is to provide sufficient pedagogical support for all trainees to obtain competence in effectively managing values conflicts and dealing with a diverse public.

American Psychological Association. (2016). Revision of ethical standard 3.04 of the "Ethical Principles of Psychologists and Code of Conduct" (2002, as amended 2010). American Psychologist, 71(9), 900. https://psycnet.apa.org/doi/10.1037/amp0000102

BEA Virtual Working Group on Restrictions Affecting Diversity Training in Graduate Education. (2015). Preparing professional psychologists to serve a diverse public: A core requirement in doctoral education and training a pedagogical statement. *Training and Education in Professional Psychology*, 9(4), 269-270. http://dx.doi.org/10.1037/tep0000093

5. Program Mission Statement

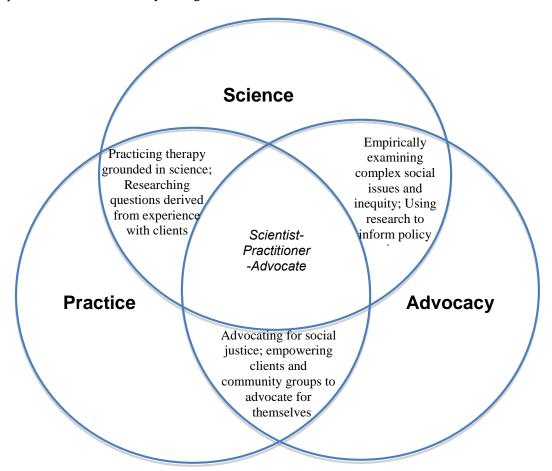
In 2017, our program was re-accredited under our current *scientist-practitioner-advocate* training model (Fassinger & O'Brien, 2000; Mallinckrodt, Miles, & Levy, 2014). We place a high value on the integration of science and practice. Graduates of the program are competent in each of the two complementary domains of science and practice, and thus are able to use highly developed research skills to enhance the effectiveness

of their practice and to use their advanced intervention skills to inform their research questions.

Counseling psychologists' study of gender roles, ethnicity, race, sexual orientation, and other cultural dimensions has promoted a longstanding interest in social justice and the effects of social oppression (Toporek & McNally, 2006). We include training in social justice advocacy because we believe students need the skills to intervene (and empower their clients to intervene) directly to address social problems. Having adopted a scientist-practitioner-advocate training model, we value an emphasis on engagement with the wider society, and an appreciation for the social context of our work as counseling psychologists. Students learn to take local and global perspectives in understanding how society-wide problems impact the lives of individuals. Students are recruited into the program, in part, because they have an interest in social justice. Concern for social justice is infused throughout many of our courses.

Just as the roles of scientist and practitioner are mutually enhancing, we believe the role of advocate represents a third, mutually reinforcing component in our program that strengthens training in both science and practice. For example, instead of serving only individual clients or small groups, as practitioners our graduates also develop consulting and advocacy skills to intervene at the level of organizations, or systems, or to influence social policy. The empirical tools of needs assessment, program development, and program evaluation serve as additional powerful tools for interventions that help large numbers of clients. Advocacy goals may become the foundation for a systematic program of research. Research can be a persuasive means of documenting social problems and suggesting possible solutions. In this way, science becomes an act of advocacy in the best traditions of social action research.

Our Program strongly values diversity and multicultural competency -- broadly defined. We consider *cultural diversity* to include, but not be limited to: ethnicity and race, sexual orientation, religion and spiritual beliefs, gender, gender identity, age and generational influences, disability, social and socioeconomic status, urban-rural origins, formal education, family traditions and values, indigenous cultural heritage, and national origin (Hays, 1996). Training is infused throughout the curriculum and includes specific cultural knowledge, introspection and self-discovery, and generalized multicultural skills.



Finally, we value our unique identity as counseling psychologists as described by the central themes of the discipline identified by Gelso, Williams, and Fretz (2014) and elaborated by the Council of Counseling Psychology Training Programs (Epperson, Fouad, Stoltenberg, & Murdock, 2005). These themes include an emphasis on: (a) working within a developmental framework across a range of psychological functioning; (b) assets and strengths; (c) brief counseling/therapy approaches; (d) person-environment interactions, rather than an exclusive focus on either person or environment; (e) prevention; (f) the educational and vocational lives of individuals; (g) respect for individual and cultural diversity; and (h) evaluation and improvement through critical thinking and a commitment to the scientific approach. All of these elements of program philosophy are compatible with the mission statement of The University of Tennessee, which is to "move forward the frontiers of human knowledge and enrich and elevate society." Our program differs from the APA-accredited UT clinical psychology program in the social justice advocacy component of its training model, the emphasis and extent of multicultural training, and its strong emphasis on socializing students into the field of Counseling Psychology.

References

- Gelso, C. J., Williams, E. N., & Fretz, B. R. (2014). *Counseling psychology* (3rd Ed.). Washington, DC: American Psychological Association.
- Epperson, D. L., Fouad, N. A., Stoltenberg, C. D., & Murdock, N. L. (2005). *Model training program in counseling psychology*. Retrieved July 20, 2008 from http://www.ccptp.org/trainingdirectorpage5.html.
- Fassinger, R. E., & O'Brien, K. M. (2000). Career counseling with college women: A scientist practitioner-advocate model of intervention. In D. A. Luzzo (Ed.), *Career counseling of college students: An empirical guide to strategies that work* (pp. 253-266). Washington DC: American Psychological Association.
- Mallinckrodt, B., Miles, J. R., Levy, J. J. (2014). The scientist-practitioner-advocate model: Addressing contemporary training needs for social justice advocacy. *Training and Education in Professional Psychology*, 8, 202-311. doi:10.1037/tep0000045.
- Toporek, R. L., & McNally, C. J. (2006). Social justice training in counseling psychology: Needs and innovations. In R. L. Toporek, L. H. Gerstein, N. A. Fouad, G. Roysircar, & T. Israel (Eds. *Handbook for social justice in counseling psychology: Leadership, vision, and action* (pp. 37-43). Thousand Oaks, CA: Sage.

6. Program Aims, Training Objectives, and Competencies

The Counseling Psychology Program's aims reflect the newly revised APA Standards of Accreditation (**IR C-8 D**). Program aims and competencies are described in the section that follows. (See Appendix A for Required Competencies and Minimum Levels of Achievement.)

Aim 1: To train students as scientist-practitioner generalists. Graduates possess critical thinking skills and a well-developed capacity to advance knowledge as accomplished behavioral scientists. Graduates acquire knowledge and competence in the breadth of scientific psychology, its history of thought and development, and its research methods. Graduates have the awareness, knowledge, and skills necessary to function as effective multicultural counselors and are able to intervene to enhance the mental health and positive well-being of a wide range of clients who seek their counseling services. Graduates are socialized into the profession of Counseling Psychology, develop a strong professional identification with the field, and acquire

the skills for life-long learning and professional development. Therefore, we expect our students to have acquired:

- Discipline-Specific Knowledge in the history and systems of psychology; basic content areas in scientific psychology; advanced integrative knowledge; and research methods, statistical analysis, and psychometrics) and
- Profession-Wide Competencies, including knowledge and skills in a) research, b) ethical and legal standards, c) individual and cultural diversity d) professional values and attitudes e) communication and interpersonal skills, f) assessment g) intervention, h) supervision, and i) consultation.

<u>Aim 2: To train students in social justice advocacy</u>. Graduates possess tools to address social problems as advocates and agents of social change. They are able to empower their clients in skills of personal advocacy. Thus, we expect our students to demonstrate the following:

- knowledge of the theoretical and applied foundations of social justice work, both within counseling psychology and from an interdisciplinary perspective;
- a well-articulated theoretical orientation toward social justice advocacy;
- skills in needs assessment and systemic-level program development, implementation, and evaluation
- skills for social justice advocacy in clinical and systems-level work, including skills for empowering
 clients, educating and raising consciousness among the lay public and policy makers, and facilitating
 dialogues around social justice issues.

7. Program Overview

The UT Graduate School requires one year of full-time study on campus to meet residency requirements. In addition, the Counseling Psychology Program requires at least three years of full-time coursework.

<u>First year, Fall semester</u>. The emphasis for the first year is on taking prerequisites for practicum. The three pre-requisite courses that are typically offered in the Fall semester are PSYC 433 Theories of Counseling Psychology or Counselor Education 551 (required if not previously taken at the undergraduate or graduate level), PSYC 598 Ethics, and PSYC 599 Clinical Psychopathology. In addition, PSYC 517 Foundations of Counseling Psychology and one credit of PSYC 515 Colloquium are required in the first year. One credit of PSYC 528 Seminar on College Teaching in Psychology is also required in the Fall to prepare students for teaching assistantships. Most students also take PSYC 521 Statistics I if they have not already had a course that meets this requirement at the graduate level. All students are required to take PSYC 517 Foundations and PSYC 528 College Teaching, regardless of previous graduate courses, but those with prior graduate training may be eligible to waive PSYC 433/COUN 551, PSYC 598, PSYC 599, PSYC 521 (see pp. 16-17 of this *Handbook* for details). Three other critically important tasks for this semester are to: (a) join APA as a student member, (b) join APA Division 17, and (c) purchase professional liability insurance.

<u>First year, Spring semester</u>. Three courses must be taken in this semester: PSYC 568 Pre-practicum, PSYC 577 Multicultural Psychology, and PSYC 667 Assessment in Counseling Psychology I. We require all students to take PSYC 577 and PSYC 568 at UT, regardless of prior coursework (see pp. 16-17). Other major milestones for this semester are to: (a) form your Master's Thesis Committee and file an approved Curriculum Planner by April 1, and (b) finalize your idea for a Master's thesis.

Summer between year 1-2 and other summers. It can be difficult to find required graduate courses to take at UT over the summer. Check with advanced students about courses they have taken to make the best use of the summer semester. Even if you do not have an assistantship for the summer, if you received a fee waiver in the previous year, your tuition will be covered in the Summer semester. Some students take PSYC 500 Master's Thesis hours in the summer between first and second year. In subsequent summers, many students take PSYC 600 Doctoral Research and Dissertation if they have begun to work on their dissertations.

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Second year. The heavy emphasis this year is on practice training with PSYC 566 Practicum in the Fall and PSYC 674 Advanced Practicum in the Spring. Two other courses students should plan to take are PSYC 601 Vocational Psychology and PSYC 668 Assessment in Counseling Psychology II. We strongly recommend that you take PSYC 519 Advanced Theories in the first semester of your second year, and the two course sequence of PSYC 501 or COUN 554 Introduction to Group Interventions in the Fall, followed in Spring semester by PSYC 675 Advanced Group Methods (i.e., intergroup dialogues), if it is offered in your second year (if it is not, you should plan on taking it in the Spring of your third year). Students will also take psychological foundations and research courses to fill the rest of their course load. The major tasks for this year are to: (a) collect your Master's Thesis data in Fall semester, and (b) finish your Master's Thesis in Spring, if possible. (If not, your completed Master's Thesis must be to your Committee by November 1 to be defended in the Fall of your third year).

The Department of Psychology also has a requirement that Second Year students from all programs make a research presentation about your thesis research in the Fall semester. This research project can be at any stage of development – planning, data collection, or completed.

<u>Third year</u>. Clinical training continues with a full academic year of PSYC 676 Field Placement, as well as psychological foundations and research courses. A critical task for this year is to maintain the momentum of the previous year in the research area by <u>completing your dissertation proposal and receiving IRB</u> <u>approval by the end of Fall Semester. Ideally, you will also begin data collection before the end of Spring semester</u>.

Fourth and fifth years. It is possible for students who come to the program with a Master's degree to finish all of their coursework in four years, and then complete internship and earn their Ph.D. in five years. In theory, it is possible for students who do not have a previous Master's degree to finish in five years – but we do not recommend it. As a student approaches the start of the fourth year, if it appears unlikely that the dissertation can be completed before starting internship, we strongly recommend that the student remain in residence for a fifth year and complete the dissertation before leaving for internship in the sixth year.

8. Admission Requirements and Application Procedures

8.1 Student selection process. The Counseling Psychology Program typically receives over 125 applications each year, from which 5 students are selected. After an initial screening of applications, approximately 25 students are invited to visit the campus in January or February to participate in *UT Visiting Day*. During this day-long event, applicants interview individually with 1-2 members of the core faculty with whom the applicant has indicated an interest in working, and who would be their advisor, if admitted. Applicants also tour the Department and the campus, participate in Q&A sessions with current students, and participate in group interviews focusing on research, clinical, and social justice interests of the applicants. Soon after UT Visiting Day, offers of admission are extended to 5 applicants, and a group of approximately 10-15 "alternates" is also selected. As required by the American Psychological Association, an applicant who receives an offer has until April 15 to make a decision about whether or not to accept, but we encourage applicants to let us know their decision as soon as they are able so that we can make offers to those on our alternate list or let them know that our cohort is full.

8.2 Application procedures and admission requirements. Applicants to the Counseling Psychology Program are required to have a bachelor's degree from a college or university accredited by the appropriate regional accrediting agency or international equivalent. The Graduate Council requires a minimum grade point average of 2.7 out of a possible 4.0, or alternatively a 3.0 during the senior year of undergraduate study. A Master's degree is not required for admission, but students who have earned a previous Master's degree are encouraged to apply. Current admissions requirements can be found on the Department of Psychology admissions website: https://psychology.utk.edu/grad/admissions.php

9. Financial Support

9.1 Support in the first year. Counseling Psychology Program doctoral students normally receive a 0.50 assistantship with fee waiver, provided that they maintain full-time enrollment and good standing. A 0.50 assistantship requires 20 hours per week of service, most often as a teaching assistant. Assistantships at 0.50 receive health insurance and waiver of all fees except program, technology, facilities, and transportation fees. Please note that the amount of these fees is subject to change. Students with 9-month appointments are eligible for summer semester fee waivers. Up-to-date information about the fees that students must pay can be found at: https://onestop.utk.edu/cost-of-attending-ut/grad/. The Department Head will inform admitted students about dollar amounts for assistantship stipends upon admission.

Once you receive your assistantship assignment, it is very important to contact the course instructor(s) you will be working with to discuss your responsibilities, and the times during each week you will be expected to attend class and keep office hours. All Graduate Assistantships are governed by policies set by the Graduate School http://gradschool.utk.edu/graduate-student-life/.

9.2 Support after the first year.

Beginning in the second year and in each year afterward, students are no longer guaranteed to receive financial support from the Department. Perhaps no other aspect of Program policy causes as much anxiety and potential misunderstanding as this shift from the guarantee of support in first year. However, in the recent past, all students who sought support through their fifth year received an assistantship with a fee waiver. Most of this funding comes from the Department, though some students have been funded by assistantships outside the Department.

The Department has a number of advanced teaching positions that involve serving as the instructor of record for one's own course (versus a teaching assistantship). If you take PSYC 528 Seminar in College Teaching in Psychology in your first year and demonstrate skill and enthusiasm for teaching, you might be selected to serve as a discussion section leader for a section of PSYC 110 in your second year. As soon as your third year, you might be selected to serve as the instructor of record for PSYC 110 or PSYC 295 (Research Methods), which requires students to enroll in a college teaching practicum course offered during a miniterm in May. Instructors of PSYC 110, depending on evaluations of their effectiveness as teachers at this level and the subsequent needs of the department, might then be selected to serve as instructors of 200- or 300-level courses in subsequent years of their studies. If you are a first year student interested in support through the teaching track, seek out students who currently serve as PSYC 110 instructors, or 200/300-level course instructors and find out the secrets of their success.

9.3 Fellowships and other support in any year. The Graduate School also offers some competitive fellowships, which are awarded on the basis of specific criteria, for example to enhance diversity, to support women returning to college after a period of time away, or to support dissertation research. For a list of fellowships see: http://gradschool.utk.edu/graduate-student-life/costs-funding/graduate-fellowships/.

The Graduate School also maintains an extensive list of "other" support that cannot be characterized as either assistantships or fellowships. These are funded by the federal government or private foundations. Quite a few can be combined with assistantships or fellowships to increase the total amount of your support. One very important source of support from outside UT is the APA, which offers the Minority Fellowship Program (http://www.apa.org/pi/mfp/contact.aspx) and several other funding mechanisms (www.apa.org/pi/mfp/psychology/index.aspx).

9.4 Research and travel support. The Department also provides funds for travel to present your research at professional conferences each year (up to \$600 for your first conference in a year, if you are a presenting author, and up to \$200 for your second as a presenting author or to attend a conference where you are not presenting). Funds may be available from the Graduate School and College of Arts and Sciences to

supplement these awards. In addition, the Department offers up to \$600 to support dissertation research. To be eligible for these funds, students must have both their doctoral committee form and an approved dissertation proposal on file. See the Departmental Graduate Programs Coordinator for more details about how to apply for research support or travel awards.

9.5 Support in sixth year and beyond. Students who stay on campus during a sixth year of study instead of beginning their internship generally find that support is more difficult to obtain. The Program's priority is to support all students through the first five years. Only if funds are available after meeting that priority are assistantships funded from Department sources awarded to sixth year students. Therefore, students who do not begin internship in their sixth year face risk of not receiving financial support.

10. Registration, Course Loads, and Grading

Please note that you are responsible for making sure that you are meeting the requirements of the Graduate School. Please consult the Graduate School for current degree requirements.

Registration is required of all graduate students each semester until the degree is conferred. This means even students who complete their internship and all courses before they finish their dissertation must still be continuously enrolled in PSYC 600 until they complete their dissertation, including during Summer terms. Additionally, while on pre-doctoral internship, students are required to register for PSYC 699 - Internship in Health Service Psychology. (This is a 0-credit course). The graduate programs coordinator will assist you with registration for courses within the Department of Psychology. For courses offered outside of the Department, the graduate programs coordinator can assist with registration. Some courses outside the department also allow you to register yourself; others may require permission of the instructor and they will be able to connect you with the individual in their respective department who can help with registration.

A full time course load is considered a minimum of 9 credit hours in Fall or Spring semesters. Although 9 credits is the minimum, to complete all requirements in four years students should be enrolled in at least 12 credits per semester for at least their first three years of training. Registration for more than 15 hours during Fall or Spring semester, or for more than 12 credit hours in Summer term is not permitted without prior approval from the Graduate School. Students are required by the Graduate School to be in residence and enrolled for a full-time load for at least 2 consecutive terms. Additionally, students in the Counseling Psychology Program are required to be in full-time residence for at least the first three years of their training.

The Graduate School has a time limit for completion of the doctoral degree: All requirements must be completed within 8 years from a student's first enrollment in a doctoral degree program.

To remain in good standing and to receive any graduate degree, the Graduate School requires a cumulative grade point average of 3.00 on all graduate coursework taken at UT. All coursework taken for graduate credit is computed into the graduate GPA. (See the <u>Graduate School website for current information on grades and grading</u>. In addition, the Program requires a B- or higher in all required coursework.

11. Advising

11.1 Advisor assignment and changing advisors. Students are assigned an advisor upon admission to the Program, based on who they applied to work with in their application and the interview process. This advisor serves as your mentor throughout graduate training. However, you are able to change your advisor, if you believe a different faculty member is better matched to your research interests. Changing advisors involves three steps:

- (a) Determine whether your preferred new advisor is willing to work with you.
- (b) Discuss your desire to make a switch with your current advisor.

(c) Write a request to the Program Director to change advisor. The request should verify you have discussed the matter with both your current advisor and the prospective new advisor.

Approval of a change of advisors is given by a majority vote of the Counseling Psychology faculty. Note that your advisor is usually the primary faculty member who mentors your thesis and dissertation projects, but we also encourage you to seek out research opportunities and collaborate with other researchers on additional projects.

- 11.2 Master's Thesis Committee. This committee is composed of your advisor and (at least) two other faculty members at the rank of assistant professor or above, and should be formed in your first year. This committee must sign off on your curriculum planner by April 1 of your first year. The same procedure used to switch advisors may be used to change non-advisor members of your Master's Thesis Committee, except that a vote of the faculty is not necessary. Only the agreement of your advisor, the Program Director, and the new committee member are required.
- 11.3 Submitting your initial Curriculum Planner. You must submit a completed Curriculum Planner for approval by your Master's Thesis Committee before April 1st of your first year. Any previous coursework you wish to use to meet UT requirements must be presented for review at this time. Note that there is some flexibility for the timing of taking certain Foundations courses such as Cognitive-Affective, Behavioral Neuroscience, Development and Psychopathology, Social Psychology, and Biological Psychology. Other courses are only offered on an every-other-year basis, so we recommend paying close attention to the suggested course sequence plan on pp. 25-26. The suggested sequence provides guidance, but you and your advisor should also consult about the timing of coursework. If you do not follow the planner timeline and a course is not offered when you need it, you may have to delay application for internship.
- 11.4 Dissertation Committee. The Dissertation Committee must be composed of at least four members, and:
 - (a) At least three of these members must be approved by the Graduate School to chair a dissertation.
 - (b) At least two members (including the Chair) must be Counseling Psychology faculty approved to chair dissertations.
 - (c) At least one member must be from outside the Department of Psychology faculty

We recommend forming your Doctoral Committee as soon as possible after the successful completion of the Master's thesis, and no later than the end of the third year of study. Your Committee is not officially formed until the correct form is signed by your advisor, approved by the Program Director, and turned in to the Graduate Programs Coordinator.

Your Chair has the primary responsibility for assisting in the development of your research ideas. Committee members act as consultants in specific areas of their expertise. In some cases, students may decide to change their area of focus for the dissertation after having selected their Doctoral Committee. Students are permitted to change the chair or any other committee members. The same three step procedure for replacing other committee members should be followed: (a) consult with your advisor, (b) make sure the proposed new member is willing to serve, (c) discuss your rationale with the member you wish to drop from your committee, (d) get the appropriate form signed and filed. See the Graduate Programs Coordinator for a copy of this form.

11.5 Comps Committee. The primary task of your Comps Committee is to guide you in completing the comps portfolio, evaluate the written product, and conduct your oral examination. In practice this means that you should form your Comps Committee at least one semester (not including Summer) before you plan to finish comps. Therefore, if you plan to defend your comps in September, you should have your Comps Committee in place by April. The Comps Committee typically consists of the three Counseling Psychology faculty members of your dissertation committee. If your dissertation committee is not comprised of three Counseling Psychology faculty (core or associated), then your advisor, with feedback and suggestions from

the student, will request participation on the Committee from another Counseling Psychology faculty member.

11.6 Selecting and inviting faculty to join your committees. Your advisor is the central member of all three committees. It is important in your first year to begin discussions with your advisor to shape and narrow your ideas about a thesis/dissertation project, and to be sure that the advisor you were initially assigned is a good match as your research ideas take shape. It can be a good idea to select the non-advisor members of your committee based on their ability to serve as a consultant on your research. At the very least, they should be positively disposed toward the research ideas.

12. Credit for Previous Coursework and Client Contact

12.1 Preliminary review before accepting an offer to UT. When a student who has completed previous graduate coursework is offered admission to the Counseling Program, but before she/he/they are required to accept the offer, the student's provisional advisor will provide a preliminary estimate of which previous courses may count as meeting requirements in this Program. Please note that this preliminary opinion is only an estimate. Whether courses actually count toward UT requirements can only be finally determined by the Program Director based on the approval of the student's advisor and in some cases approval of the primary course instructor (see below).

12.2 Course waiver procedure. Students wishing to have previous coursework count for UT requirements must provide their advisor with documentation (e.g., course syllabi or other relevant course materials). The advisor also may request copies of the table of contents of assigned texts and the course catalog description of previous courses taken. With the exception of History and Systems – which may be taken as an undergraduate course - only courses taken for graduate credit may be presented for review. Check with your advisor and assemble all the required documentation soon after Fall semester of your first year begins.

Three "tiers" of courses are required for the Ph.D. in terms of if and how a course can be waived. For all courses, the primary criteria for waiving is completion of prior graduate coursework that covers content deemed equivalent by appropriate faculty (see description of tiers) to a course required by the UTK Counseling Psychology Ph.D. Program. The first tier (General Foundation Courses) is composed of courses that can be waived with the student's advisor *and* Program Director's approval. The second tier (Core Counseling Courses) are courses taught by Counseling Psychology faculty members, and in addition to the advisor and program director, the primary instructor for the course must also review the syllabus and other relevant materials. Finally, the third tier of courses (UTK Doctoral Designated Courses) may not be waived under any circumstance, because they are specific to earning a Ph.D. in Counseling Psychology at the University of Tennessee.

Tier 1: General Foundations Courses (approved by advisor and program director)

- Biological Psychology (PSYC 527)
- Capstone Elective
- Cognitive and Affective Bases of Behavior (PSYC 570)
- Development and Psychopathology (PSYC 597)
- Clinical Psychopathology (PSYC 599)
- Ethics (PSYC 598)
- History and Systems of Psychology (PSYC 565) either graduate or undergraduate
- Social Psychology (PSYC 550)
- Statistics I (PSYC 521)
- Statistics II (PSYC 522)
- Seminar in Applied Psychometrics (PSYC 607)

Tier 2: Core Counseling Psychology Courses (approved by advisor, Counseling Psychology instructor, and program director)

- Advanced Theories (PSYC 519)
- Assessment I (PSYC 667)
- Assessment II (PSYC 668)
- Counseling Theories (PSYC 433)—pre-rec either graduate or undergraduate
- Intro to Group (PSYC 510)
- Multicultural Psychology (PSYC 577)
- Research Design (PSYC 580)
- Vocational Psychology (PSYC 601)

Tier 3: UTK Doctoral Designated Courses

The following courses must be completed at UTK:

- Advanced Group Practicum (PSYC 675)
- Advanced Practicum (PSYC 674)
- College Teaching (PSYC 528)
- Field Placement (PSYC 676)
- First Year Colloquium (PSYC 515)
- Foundations of Counseling Psychology (PSYC 517)
- Practicum (PSYC 566)
- Pre-practicum (PSYC 568)
- Social Justice Practicum I (PSYC 674)
- Social Justice Practicum II (PSYC 674)
- Supervision Practicum (PSYC 664)
- Supervision Theory (PSYC 678)

Note: Students may appeal instructor decisions to the Program Director, appeal Program Director decisions to the Department Head, and appeal Department Head's decisions to the Associate Dean for Graduate Studies in Arts & Sciences.

12.3 Counting previous counseling experience. As shown in Section A of the Curriculum Planner, students are required to complete a total of six credits of practicum and then to take as many sections of PSYC 676 Field Placement as necessary to accumulate 500 Intervention and Assessment (i.e., client contact) hours as defined on the AAPI internship application. Students who have completed practica for course credit under supervision may also petition their Master's Committee to have these client contact hours count toward the 500-hour total. The Master's Committee will require detailed documentation of your previous clinical experience. No matter how many hours are eventually approved by your Master's Committee and the Program Director, you will still be required to complete 6 semester hours of Practicum (PSYC 566 and PSYC 674) and at least six hours of Field Placement (PSYC 676). However, previous clinical experience can be used to reduce the number of client hours you accumulate in Field Placement. On very rare occasions, a student's previously approved clinical experience plus experience in three practicum courses reaches 500 direct service hours. In this case, the student is required to consult with their advisor and Program Director to ensure their clinical skills are adequately developed and deemed "ready for internship," before choosing not to conduct the field placement experiences.

13. Curriculum Planner

The following six pages are your curriculum planning form. The planner sets forth all required courses and describes other key program requirements. You must complete this form and have it approved by your advisor and your Master's Committee by April 1 of your first year. You will find directions for recording graduate coursework that you have completed at other institutions.

Keep in mind that you are free to propose changes to this plan and have the revised plan approved. The important point is to have a plan that takes into account which semester a particular course is offered, how you will complete a sequence of pre-requisite courses, and how your entire plan of study fits together into a comprehensive whole. To assist with your planning, two tentative course sequence examples appear after the curriculum planner. Students who enter the program with master's degrees may be able to complete on-campus requirements in four years, plus a year-long APA-accredited internship. Note that some courses are taught every other year rather than annually.

COUNSELING PSYCHOLOGY DOCTORAL CURRICULUM PLANNER (revised April, 2020)

Student Name			Student Number	
Year a	admitted to the p	rogram	_	
Couns space Thesis compl first y course	seling Psycholog s for you to reco s and Dissertatio eted Planner mu ear in the Progr es you have alres	y at the University of Tenned completion of other majon. Its purpose is to serve st be approved by your Actam. All blanks on this for ady completed to meet a r	the required course of study leading to lessee. In addition to coursework, the lor Program requirements such as the as a tool to assist your career plannin dvisor and Master's Committee by <u>Ap</u> m must be completed by filling in info equirement, together with your plan for the steps below to complete your Plan	e Planner has Master's g. The ril 1st of your rmation for or completing
1.	apply toward co Institutions" sec appropriate bla the course num	ompletion of your program ction on the next page. Th nks in the remainder of thi aber to indicate the previou	tions for graduate credit that you would at UT, complete the "Prior Graduate nen enter the previous coursework in this form, using the letters "A," "B," or "Cus institution. Note that only previous ward your present course requirement	the C" after
2.	determine if yo		oplicable, primary course instructor, w sework meets a current requirement (s).	
3.		nation for courses you hav must have been complete	ve completed at UT or are enrolled in ed for graduate credit.	currently.
4.	course you will the course. As form. Note tha substitutions yo	take to meet this requiren a guide, use the "Sugges t you will be required to pe ou wish to make after this t	ps 1-3, indicate your best guess about nent and the semester you plan to conted Course Sequence" that appears a etition your Master's Committee for an form is initially approved. However, to ester will not require Master's Commi	mplete after this y course aking the
My sig	nature below indic	ates that I approve each pag	e of the plan of study that follows:	
Studer	nt's Signature	Date	Master's Committee Member	Date
Adviso	r's Signature	Date	Master's Committee Member	 Date

Prior Graduate Institutions

Prior Institutions Attended	Dates (from / to)	Degree Earned*	Major
A			
В			
C			
*If you have listed a Masters level d what was the accreditation?		•	no. If yes,

Instructions:

- You are strongly encouraged to consider these as minimum requirements. Depending on your specific career goals, it will be important to complete considerably more training in selected content areas than these minimums. Consult with your advisor, with members of your Master's Committee, and with professionals currently working in your chosen specialty to determine how best to prepare for your career.
- 2. In each section or subsection on the next pages, when only one course is listed, you must take this specific course to meet the requirement. For these requirements, indicate the semester you have taken (or plan to take) this course. Use the blank line to propose a substitute from previously completed graduate coursework. In exceptional cases that involve a scheduling conflict or other exigency, you may request approval of a substitute course currently offered at UT. Prior approval of your advisor and MASTER'S COMMITTEE is required in these cases.
- 3. If several courses are listed as options in a subsection, you may choose any of these courses to meet this requirement. Enter the course title of your choice and semester you plan to take the course on the blank line provided.

Overview of Minimum Program Requirements

	Semester Hours (SH)
A. Counseling Psychology Core	57
B. Research Core	12
C. General Psychology Foundations	15
D. Capstone Elective	3
E. Master's Thesis	6
F. Dissertation	24
G. Internship	0
	Total 117

A. COUNSELING PSYCHOLOGY CORE (MINIMUM 57 SH)

		Course	Semester	
1.	Professional Orientation (6 SH) *a. PSYC 598 Ethical Issues in Professional Psychology (1 SH) b. PSYC 517 Foundations of Counseling Psychology (3 SH) c. PSYC 515 Psychology Colloquium (1 SH)			
	d. PSYC 528 College Teaching in Psychology (1 SH)			
2.	Multicultural Competencies and Human Diversity (6 SH) *a. PSYC 577 Multicultural Psychology: Theory and Research b. PSYC 675 Advanced Group Methods (Intergroup Dialogue)			
3.	Social Justice Advocacy and Interventions (6 SH) **a. PSYC 674 Practicum in Social Justice Advocacy I **b. PSYC 674 Practicum in Social Justice Advocacy II			
4.	Vocational Psychology (3 SH) a. PSYC 601 Vocational Psychology			
5.	Psychological Assessment (9 SH) *a. PSYC 599 Clinical Psychopathology b. PSYC 667 Assessment in Counseling Psychology I c. PSYC 668 Assessment in Counseling Psychology II			
6.	Practicum Supporting Coursework (9 SH—12 SH if 433 is needed) *a. PSYC 568 Pre-Practicum in Counseling b. PSYC 510 Introduction to Group Interventions (or COUN 554) c. PSYC 519 Advanced Theories and Interventions			
tak	(*d. PSYC 433 Theories of Counseling Psychology or COUN 551 The en at the undergraduate or graduate level)	eories of Counselin	g if not previously	
	* * * * * * * * * * * * * * * * * * *	n.		

568 Pre-Practicum

577 Multicultural Psychology: Theory and Research 598 Ethical and Legal Issues 599 Clinical Psychopathology

7.	Counseling Psychology Interventions (18 SH, minimum requirement)**
	a. PSYC 566 Practicum in Counseling
	b. PSYC 674 Advanced Practicum in Counseling
	c. PSYC 678 Theory & Practice of Counseling Supervision
	d. PSYC 664 Practicum in Counseling Supervision (providing supervision; PSYC 678 and 664 must be taken concurrently)
	e. PSYC 676 Field Placement (6 SH required plus enrollment required each semester for students in placements where clinical services are delivered)
**W	/hen students apply for internship, they are required to document clinical training hours on an application form developed by APPIC (Association of Psychology Postdoctoral Internship Centers). As defined by APPIC, you may only count hours "for which you received formal academic training and credit, or for program-sanctioned training or program-sanctioned work experiences." At UT this means either through (a) PSYC 566 Practicum, (b) PSYC 674 Advanced Practicum, or (c) 676 Field Placement. If you want to count hours of service delivery in an assistantship or other work experience for the purposes of internship application, you must enroll in PSYC 676 and your work must be supervised.
On	the AAPI application, training is divided into categories of: (A) Intervention and Assessment Experience, and (B) Supervision Received. In the UT Counseling Psychology Program you are required to follow the APPIC definition of what constitutes an "hour" in each category. As a general rule, you may only count hours in which you meet face-to-face with a client, group, supervisor, supervisee, or consulting organization.
In a	addition to the minimum of 9 SH of Practicum (566 and 674) and 6 SH of Field Placement (676), you are required to accumulate a minimum of 500 hours of Intervention and Assessment Experience, of which at least 300 hours must be in the category of Individual or Group Counseling. In addition, 100 hours of Supervision Received must be accumulated.
Stu	dents are required to keep track of their hours on the Practicum Hours Documentation form. This form corresponds to the AAPI Application. For each semester that practicum hours are accrued, a copy of this form (signed by your supervisor and instructor) must be placed in your permanent file. Use this form to document your progress toward meeting the training requirements described above.
	B. RESEARCH CORE (12 SH)
1.	Quantitative Methods (6 SH)
	(a) Group Comparisons (ANOVA)
	EDPY 577 Statistics in Applied Fields I or STAT 473 Experimental Design and Analysis or PSYC 521 Analysis of Variance for Social Sciences
	(b) Continuous Variables (Regression Models)
	EDPY 677 Statistics in Applied Fields II or STAT 472- Regression Analysis or PSYC 522 Multiple Regression for Social Sciences
2.	Research Design (3 SH)
	PSYC 580 Research Design
3.	PSYC 607 Seminar in Applied Psychometrics (3 SH)

C. GENERAL PSYCHOLOGY FOUNDATIONS (15 SH)

2. Biological Bases of Behavior (3 SH) PSYC 527 Behavioral Neuroscience 3. Cognitive-Affective Bases of Behavior (3 SH) PSYC 570 Cognitive and Affective Bases of Behavior ———————————————————————————————————	
Č ,	
4. Social Bases of Behavior (3 SH) PSYC 550 Social Psychology	
5. Developmental Bases of Behavior (3 SH) PSYC 597 Development and Psychopathology	
6. Advanced Integrative Knowledge (3 SH) PSYC 570 Cognitive-Affective Bases of Behavior* - fulfills both #3 and #6 General Psychology Foundations requirement	

D. CAPSTONE ELECTIVE (3 SH)

A minimum of one graduate level course must be taken which provides advanced level training in a domain relevant to your career goals. For example, you might take a quantitative methods course in SEM, HLM, or instrument development if you plan for a research career; or you might create a PSYC 508 readings course in an advanced psychotherapy technique if you plan for a practice career. Students are encouraged to take electives outside the Department of Psychology, but you are not required to do so. Advanced approval by your MASTER'S COMMITTEE is required before a course can be counted toward this requirement.

E. MASTER'S THESIS (6 SH)

PSYC 500 Master's Thesis. Students are expected to complete their Master's Thesis by the Fall of their third year in the program. A minimum of six semester hours are required.

F. DISSERTATION (24 SH)

PSYC 600 Doctoral Research and Dissertation. After the initial semester of enrollment in PSYC 600, students must continue to enroll for at least 3 SH of PSYC 600 in each semester, including summer. At least 24 credits must be completed. If students have not successfully defended their dissertation prior to internship, they must continue to enroll in PSYC 600 while on internship until the dissertation is approved and accepted by the Thesis/Dissertation Consultant at the Graduate School.

G. PRE-DOCTORAL INTERNSHIP IN HEALTH SERVICE PSYCHOLOGY

PSYC 699 Pre-doctoral Internship. Students are required to register each semester (and summer) while on internship. This is a zero (0) credit course.

^{*} History & Systems may be waived if taken previously at the undergraduate level

Checklist of additional requirements

Residency (two consecutive semesters of 9 SH or more, routinely completed in first year)
Research Competency (Master's Thesis)
Teaching Experience (deliver guest lectures on two occasions, or primary instructor GTA)
Dissertation Proposal Approved
Comprehensive Exam Portfolio and Oral Examination
Advanced to Candidacy (must be completed within five years of initial enrollment)
Dissertation Completed (all Ph.D. requirements must be completed within eight years of initial enrollment)
Successful completion of APA-accredited full-time, year-long Internship

Tentative Course Sequence Leading to Ph.D. in Four Years Entering 2020

(Revised February 2020)

This is a <u>suggested</u> course of study that assumes entry with prior graduate work. Consult with your advisor to determine which of the requirements below may be waived if you have had prior graduate coursework. **Note** that sometimes faculty may not be able to offer a specific course in a given year and certain courses are only offered every other year. Foundations courses (in green) can be taken at any point. Suggested timeline for completing program milestones unrelated to courses are shown in italics.

Distribution of credits:

Counseling Psychology Core 57 SH (minimum)

Research Core 12 SH + 6 SH Thesis + 24 SH Dissertation

Psyc Foundations: 15 SH Elective 3 SH

Total 117 SH (minimum)

First Year Fall 2020 (15 SH total) First Year Spring 2021 (15 SH total)

COUN 551 Theories of Counseling (or PSYC 433)
PSYC 568 Pre-practicum
PSYC 515 Colloquium in Psychology (1SH)
PSYC 517 Foundations of Coun. Psyc.
PSYC 528 College Student Teaching (1SH)
PSYC 580 Research Design
PSYC 580 Fibinary
PSYC 668 Assessment II

PSYC 598 Ethics Statistics II
PSYC 599 Clinical Psychopathology

Statistics I

Summer: Elective (3 SH)

Second Year Fall 2021 (12 SH total) Second Year Spring 2022 (15 SH total)

PSYC 550 Social PSYC 597 Development and Psychopathology

PSYC 519 Advanced Theories PSYC 667 Assessment I

PSYC 566 Practicum
PSYC 500 Master's Thesis (3 SH)
PSYC 500 Master's Thesis (3 SH)
PSYC 500 Master's Thesis (3 SH)

Form Dissertation Committee

Summer: Submit Master's Thesis for publication

PSYC 600 Dissertation (3 SH)

Third Year Fall 2022 (15 SH total)

Third Year Spring 2023 (15-18 SH total)

PSYC 510 Intro to Group PSYC 601 Vocational

PSYC 527 Behavioral Neuroscience PSYC 600 Dissertation (3-6 SH)
PSYC 600 Dissertation (3 SH) PSYC 676 Field Placement
PSYC 607 Applied Psychometrics PSYC 675 Advanced Group
PSYC 676 Field Placement PSYC 570 Cognitive-Affective

Propose Dissertation

Summer: PSYC 600 Dissertation (3 SH)

Fourth Year Fall 2023 (12-15 SH total) Fourth Year Spring 2024 (15 SH total)

PSYC 600 Dissertation (6-9 SH)
PSYC 674 Social Justice Prac
PSYC 676 Field Placement
PSYC 676 Field Placement
PSYC 676 Field Placement
PSYC 674 Social Justice Prac. II
Pefend Comps Portfolio
PSYC 664 Supervision Prac.
PSYC 678 Supervision

Internship Match
Defend Dissertation

Fifth Year (2024-2025): PSYC 699 Pre-doctoral Internship (year-long)

Tentative Course Sequence Leading to Ph.D. in Five Years Entering 2020

(Revised February 2020)

This is a <u>suggested</u> course of study that assumes entry with prior graduate work. Consult with your advisor to determine which of the requirements below may be waived if you have had prior graduate coursework. **Note** that sometimes faculty may not be able to offer a specific course in a given year and certain courses are only offered every other year. Foundations courses (in green) can be taken at any point. Suggested timeline for completing program milestones unrelated to courses are shown in italics.

Distribution of credits:

Counseling Psychology Core 57 SH (minimum)

Research Core 12 SH + 6 SH Thesis + 24 SH Dissertation

Psyc Foundations: 15 SH Elective 3 SH

Total 117 SH (minimum)

First Year Fall 2020 (15 SH total) First Year Spring 2021 (15 SH total)

COUN 551 Theories of Counseling (or PSYC 433)
PSYC 568 Pre-practicum
PSYC 515 Colloquium in Psychology (1SH)
PSYC 517 Foundations of Coun. Psyc.
PSYC 528 College Student Teaching (1SH)
PSYC 568 Pre-practicum
PSYC 577 Multicultural
PSYC 580 Research Design
PSYC 568 Pre-practicum
PSYC 577 Multicultural
PSYC 580 Research Design
PSYC 568 Pre-practicum

PSYC 598 Ethics Statistics II

PSYC 599 Clinical Psychopathology

Statistics I

Summer: Elective (3 SH)

Second Year Fall 2021 (9 SH total) Second Year Spring 2022 (12 SH total)

PSYC 550 Social PSYC 597 Development and Psychopathology

PSYC 519 Advanced Theories
PSYC 566 Practicum
PSYC 674 Advanced Prac.
PSYC 565 History and Systems

Summer: PSYC 500 Master's Thesis (3 SH)

Third Year Fall 2022 (12 SH total)

Third Year Spring 2023 (12-15 SH total)

PSYC 500 Master's Thesis (3 SH)

PSYC 601 Vocational

PSYC 510 Intro to Group
PSYC 600 Dissertation (3-6 SH)
PSYC 607 Applied Psychometrics
PSYC 676 Field Placement
PSYC 675 Advanced Group

Submit Master's Thesis for publication Form Dissertation Committee

Summer: PSYC 600 Dissertation (3 SH)

Fourth Year Fall 2023 (9-12 SH total) Fourth Year Spring 2024 (12-15 SH total)

PSYC 600 Dissertation (3-6 SH)
PSYC 674 Social Justice Prac I
PSYC 676 Field Placement
Propose Dissertation
PSYC 674 Social Justice Prac I
PSYC 676 Field Placement
PSYC 674 Social Justice Prac. II

Defend Comps Portfolio

Summer: PSYC 600 Dissertation (3 SH)

Fifth Year Fall 2024 (9-12 SH total) Fifth Year Spring 2025 (12-15 SH total)

PSYC 527 Behavioral Neuroscience PSYC 600 Dissertation (3-6 SH)
PSYC 600 Dissertation (3-6 SH)
PSYC 676 Field Placement (optional)
PSYC 678 Supervision

Apply for Internship PSYC 676 Field Placement (optional)

Internship Match
Defend Dissertation

Sixth Year (2025-2026): PSYC 699 Pre-doctoral Internship (year-long)

Part II. Program Requirements and Major Milestones

15. Research Requirements: Master's Thesis and Dissertation

The program requires completion of two research projects to demonstrate developing competence in scientific inquiry of counseling psychology. The first project, the Master's Thesis, is conducted early in students' program (i.e., first two years), and the second project, the dissertation, is the capstone research requirement. While not required, students are encouraged to explore additional research opportunities and experiences within and outside the program. Students entering the program without previously earning a Master's degree or who completed a non-thesis Master's will earn a concurrent Master's degree (M.A.) in Psychology en route to their doctorate in Counseling Psychology by completing a Master's thesis (see section 15.5 for details), as well as fulfilling the other requirements for the degree.

**Please note that the Department of Psychology also has a requirement that Second Year students from all programs make a research presentation about your thesis research in the Fall semester. This research project can be at any stage of development – planning, data collection, or completed.

15.1 Master's Thesis deadline. Students must demonstrate competency in research methods through completion of a Master's Thesis. The completed thesis must be submitted to your Master's Committee by November 1 of your third full year of enrollment. This deadline is consistent with the Graduate School deadline for Master's theses (generally the middle of November), as your committee will need a minimum of 10 working days to review and approve your project. However, we strongly recommend that you complete the project by the end of your second year.

Recommended thesis timeline:

Year 1, Fall: Discuss ideas with your advisor, find out about previous students' projects

Year 1, Spring: Finalize idea, write an informal proposal, get other Master's Committee members'

approval for idea. Submit IRB proposal

Year 2, Fall: After IRB approval, collect data, complete analyses.

Year 2, Spring: Finish writing manuscript, submit to your Master's Committee.

Year 2, Summer: If not yet completed, finish writing the thesis manuscript

Note. You must obtain prior approval from the UT Institutional Review Board before engaging in any data collection activities using human subjects. This includes any activities to solicit participants or advertise your project before the actual data collection. This permission is required no matter where you plan to collect data.

15.2 Types of acceptable Master's thesis projects. Three criteria must be satisfied for a project to be approved by your Master's Committee: (a) it must be a data-based project (quantitative or qualitative), (b) you must participate directly in the data analysis, and (c) your contribution to the project must be substantial enough to merit authorship on a subsequent manuscript. Thus, it is permissible to base your thesis on data your advisor has collected, so long as you participate in the analysis of these data.

Collaborative projects are acceptable as theses, but each student member of the group who plans for the project to meet thesis requirements must contribute roughly equally and must be the highest contributing student member of the project. Projects with three or four student members can be approved if only two of the multiple members serve as the "lead investigators" and the project is used only for these students' Master's thesis. For example, a project might meet thesis requirements for only two of the four team members who do most of the work, but two other members may participate at a level that earns them a third or fourth authorship. Students

should expect that when a faculty member has planned the project and collected the data, the faculty member will be the first author. In any collaborative project, prior approval of the Master's Committee and Program Director should be obtained to avoid unpleasant surprises when the project is concluded. However, no matter what method you propose, it must be well-suited for the research question and the existing body of knowledge in this area.

- 15.3 Master's Thesis final approval, dissemination requirement. The product of serious scientific effort is wasted unless it is made available to the scholarly community. Therefore, the final project must be prepared as a journal-length manuscript in APA Editorial style. This written product must be approved by your Master's Committee and by the Program Director, and it must be submitted for peer-reviewed publication, peer-reviewed presentation, or as a grant proposal *prior to defending your dissertation proposal*.
- 15.4 Approval of prior theses. Students who completed a Master's thesis at another accredited institution may submit this work to meet the thesis requirement provided it meets all the criteria in section 15.2 and 15.3. For any criterion not met, the student may petition their Master's Committee to receive partial credit. For example, a completed thesis that meets all the criteria in section 15.2, but has not been submitted for publication, can meet thesis requirements if the student completes the steps in section 15.3.
- 15.5 Concurrent Master's Degree. Students entering the program without previously completing a Master's thesis will earn a Master's Degree in Psychology en route to their Ph.D. in Counseling Psychology. Please note this is not a terminal Master's degree and will not meet state licensure requirements for independent practice in counseling or psychology.

Contact the Graduate Programs Coordinator to submit a request for a concurrent MA degree with information needed by the Graduate School. Upon approval of the request, students may complete and submit the Master's Admission to Candidacy form. For the Master's degree, the same form (Admission to Candidacy Application – Master's or Specialist Degree) serves both to officially form the Master's Committee and admit the student to Candidacy. Admission to candidacy indicates agreement that the student has demonstrated ability to do acceptable graduate work and that satisfactory progress has been made toward a degree.

A Master's Committee is comprised of the advisor and at least two other faculty members, all at the rank of assistant professor or above. The Admission to Candidacy form must be signed by the student's committee and all courses to be used for the degree must be listed, including transfer coursework. Students should list only 26 hours of coursework and 6 hours of PSYC 500 (Thesis) on the Admission to Candidacy form. This form must be submitted the semester before students intend to defend. The completed form should be returned to the Graduate Programs Coordinator for obtaining Department Head signature, filing, and forwarding to the Graduate School.

The student must be registered for course PSYC 500 for two semesters while working on the thesis, including a minimum of 3 hours the semester in which the thesis is accepted by Graduate Student Services. Six hours of 500 are required for the thesis option. Registration for PSYC 500 does not have to be continuous, unlike registration for dissertation hours which must be continuous enrollment. After receiving the master's degree, a student is no longer permitted to register for PSYC 500.

The thesis represents the culmination of an original research project completed by the student and defended orally to the thesis committee. It must be prepared according to the most recent *Guide to the Preparation of Theses and Dissertations*, available at https://gradschool.utk.edu/documents/2016/03/guide-to-thesesdissertations.pdf/. Paper or electronic submission will be approved by the student's committee prior to final preparation of the thesis. Two paper copies or an electronic copy of the thesis must be accompanied by two approval sheets, and signed by the members of the Master's Committee. The approval sheets reflect the final format for submission.

The candidate will present the thesis at their thesis defense meeting. All committee members must be present at the thesis defense. The final draft of the thesis must be distributed to all committee members at least two weeks (10 working days) prior to the date of the final examination. Except with prior approval from the

Dean of Graduate Studies, the examination must be given in university-approved facilities. Your Master's Thesis defense must be scheduled through the Graduate Programs Coordinator's office (312C) at least two weeks prior to the examination. This examination must be held at least two weeks before the final date for acceptance and approval of the thesis by the Office of Graduate Student Services on behalf of the Graduate Council. The advisor must submit the results of the defense by the thesis deadline. In case of failure, the candidate may not apply for reexamination until the following semester. The result of the second examination is final.

15.6 Dissertation proposal. A student working with the committee chairperson and other committee members develops a proposed dissertation topic. A written proposal or prospectus is then prepared by the student for submission to the <u>full</u> doctoral committee. The proposal must be reviewed and approved by the advisor prior to going to the committee. Once the advisor has agreed that the document is ready for distribution to the committee, the committee must receive the prospectus 10 working days prior to the scheduled proposal meeting with the student. A committee meeting is held where the student presents their proposed project including introduction/literature review, methods, and data analysis plan. The committee then will have time to ask questions and may request changes be made to the document or the research plan. When the revisions have been made, all committee members must sign a Dissertation Proposal Approval form attached to the final copy. Once your committee has approved your proposal, then this form should be submitted to the Graduate Programs Coordinator for your file. Students must submit a full draft of their proposal to their committee on or before the first Monday in April and have their dissertation proposal meeting on or before the first Monday in May of the CALENDAR YEAR they plan to apply for internship. Students are not permitted to proceed with applications for internship unless their dissertation proposal has been approved by the previously mentioned deadlines.

The approved proposal forms a contract between the student and the committee. The student promises to execute the procedures described in the proposal. However, we recognize that the scientific process sometimes necessitates changes in the research plan. If these are substantive changes (e.g., sample size, procedure), the student must file an amended proposal along with the original document and a revised approval sheet must be completed.

- 15.7 Minimum requirements for the dissertation proposal. The proposal must be prepared in APA Style and also follow Graduate School requirements (https://gradschool.utk.edu/documents/2016/03/guide-to-thesesdissertations.pdf/). Because your completed dissertation research should be of sufficient quality to be published in a peer-reviewed scholarly journal, we strongly advise you to consider the guidelines used by expert *JCP* reviewers to evaluate the quality of manuscripts as you plan your study. These guidelines have been made available as a public document at this web link: http://www.apa.org/pubs/journals/cou/reviewer-guidelines.aspx
- 15.8 Human subjects research approval. If you obtain approval from the IRB before defending your proposal and your committee requests a modification in your plan, you will need to return to the IRB with a request for a modification (Form 2). However, if major modifications are required by your committee, you will probably need to begin the IRB approval process again from the start. Regardless of where you start, you must not begin any aspect of data collection until you receive approval from both your dissertation committee and the IRB.
- 15.9 Completing your dissertation. During the semester your proposal is approved you must enroll in at least three hours of PSYC 600, and you must <u>remain continuously enrolled</u> for at least three credits of PSYC 600 every subsequent semester (including Summer) until you graduate. A cautionary note: Once you leave for internship, you will no longer receive fee waivers for academic coursework. Thus, if your dissertation is not completed prior to leaving for internship, you will pay for 3 hours of dissertation credits, plus student fees, each semester (including Summer) until the project is defended and the final version is submitted to the Graduate School.
- 15.10 Advisor and committee member availability for dissertation work in summer. Most UT faculty have 9-month contracts, which means they are not obligated to be available from May 15-August 15. Even if

your advisor is willing to work with you during the summer, it is highly unlikely that all members of your committee will be available for a summer defense meeting. All members of your dissertation committee must be present for your meeting. Participation by video conference or phone does not count as being "present" at the meeting. The only exception is allowed for last minute cancellations due to illness or unforeseen events.

15.11 The dissertation defense meeting. The graduate school requires that your approved dissertation must be distributed to the members of your committee at least two full weeks (10 working days) before your defense meeting. You may not hold the meeting if a member of your committee informs you that they cannot attend, except in the case of illness or unexpected emergencies. Finding a common free time can sometimes be difficult. The defense must be announced publicly and anyone may attend.

15.12 Format of your completed dissertation. Your final dissertation document must conform to both APA Editorial Style and graduate school requirements. If there is a conflict between these guidelines, UT requirements take precedence over APA Style in this case because the final version of your dissertation will be checked carefully by a member of the UT Libraries. A digital copy of your dissertation must be submitted to the Graduate School and must be approved as a requirement for completing the dissertation.

Special note about including copies of standardized measures as appendices: It is a violation of copyright protections to reproduce any previously published material in your dissertation without prior permission. You should include in appendices copies of your informed consent document, demographic sections of your survey, and any measure that you have created for this study, but do not include measures that have been previously published.

16. Practice Requirements: Practicum and Field Placement

16.1 Overview of practice requirements. A practicum course is an extensive, supervised, practical experience in the provision of psychological services. The practicum experience is designed to develop therapeutic skills, viewed in the broadest sense. Thus, practicum includes acquisition of specific assessment and intervention skills, conceptual skills, personal growth as it relates to awareness and appropriate handling of emotional reactions to clients, awareness and appreciation of human diversity, and development of mature professionalism. At UT the following sequence of courses is required: Pre-practicum (PSYC 568), Practicum (PSYC 566), Advanced Practicum (PSYC 674), Field Placement (PSYC 676) two semesters minimum, and Practicum in Supervision (PSYC 664).

Pre-practicum (568) is offered in the first year. Students who have taken a similar course elsewhere are not permitted to waive this course because it provides the key basis to evaluate readiness to see actual clients. Pre-practicum involves course readings about counseling process and intensive training in microcounseling skills that provide the foundation for all approaches to therapy. The training begins with in-class role play demonstrations with classmates, and quickly progresses to working with volunteer clients who seek counseling for an actual presenting problem. The volunteer clients are screened by an advanced student who serves as the course teaching assistant. Supervision is provided each week by an advanced doctoral student enrolled in the PSYC 678 and the PSYC 664 Supervision courses.

Practica are a two-course sequence in students' second year. For both semesters of practica, both individual and group supervision is provided by a licensed psychologist or someone whose work with you is being supervised by a licensed psychologist. Sessions are recorded for the purposes of supervision. Advanced Practicum differs from Prac I in that students develop more advanced skills to address more complex clinical presentations. It is also possible for students in advanced practicum to co-facilitate therapy groups and participate in outreach and consultation activities.

Field Placement (PSYC 676) is generally taken in third and fourth years. A minimum of two semesters are required. A variety of placement settings are available. Students whose graduate assistantship involves delivery

of psychological services (even if this is only part of their duties) are required to enroll in Field Placement. If you plan to begin a field placement in Fall semester, early in the previous Spring semester you should begin discussing your interests and options with your advisor. In late January/early February, information will be sent to the listserv about the Field Placement Match Process so that you can discuss your preferences with your advisor and decide where you would like to interview. The program requires that you interview with at least 3 field placement sites to ensure you are successfully placed. You must repeat enrollment in PSYC 676 until you have gained enough client contact hours (see the next section). You are required to attend weekly field placement class meetings, where group supervision will occur. Enrollment in Field Placement is required during Summer semester if you are delivering psychological services.

16.2 Client contact hours requirement. When students apply for internship, they are required to document clinical training hours on the AAPI application form developed by APPIC (Association of Psychology Postdoctoral Internship Centers). As defined by APPIC, you may only count hours "for which you received formal academic training and credit, or for Program-sanctioned training or Program-sanctioned work experiences." At UT, this means either through (a) PSYC 566 Practicum, (b) PSYC 674 Advanced Practicum, or (c) 676 Field Placement. If you want to count hours of service delivery in an assistantship or other work experience for the purposes of internship application, you must enroll in 676 Field Placement and your work must be supervised. On the AAPI application, training is divided into categories. In the UT Counseling Psychology Program you are required to follow the APPIC definition of what constitutes an "hour" in each category (see: https://www.appic.org/). As a general rule, you may only count hours in which you meet face-to-face with a client, group, supervisor, supervisee, or consulting organization.

In addition to the minimum of six semester hours of Practicum/Advanced Practicum (566/674) and six semester hours of Field Placement (676), you are required to accumulate a minimum of 500 hours of Intervention and Assessment Experience, of which at least 300 hours must be in the category of Individual and Group Counseling. In addition, 100 hours of Supervision Received must be accumulated. Thus, students may need to take Field Placement (676) after the first two semesters until the minimum required hours have been accumulated in each category.

16.3 Required documentation and forms. Students are required to keep track of their hours on the Practicum Hours Form. This form corresponds to categories required on the AAPI Application. Each semester that practicum hours are accrued, a copy of this form (signed by your supervisor and/or instructor) must be placed in your permanent file. Time to Track forms showing the same amount of detail are also acceptable. Note that if this documentation is not turned in by the deadline provided by the Field Placement Coordinator each semester, you may receive an incomplete grade in practicum. Use this form to document your progress toward meeting the training requirements described above. The forms, verified by your supervisor, must be turned in to the Practicum/Field Placement Coordinator, at the date he/she/they specifies at the end of each semester. We **strongly recommend** that you make copies of these forms for your own files. Note also that most field placement sites require application forms and have instituted an application procedure. If you are selected, it is your responsibility to comply with all procedures for documentation required by the site.

<u>16.4 Field placement supervision</u>. You must receive at least one hour of weekly individual supervision and one hour of weekly group supervision via your Field Placement. At least one of your supervisors must be a licensed psychologist, or receive direct supervision of your supervision from a licensed psychologist supervisor. A current training contract is required for each student at each field placement site.

16.5 Liability (malpractice) insurance. Students are required by the program to maintain professional liability insurance during their practicum experiences. Insurance can be obtained through any of the following: (a) American Psychological Association partnership with the American Professional Agency, Inc for psychology graduate students (you can sign up and pay online at http://www.americanprofessional.com/psychologist-info/; 1-800-421-6694, ext. 2304), (b) The Trust for student members (you can sign up and pay online at www.trustinsurance.com; 1-800-477-1200, or (c) UT's Office of Risk Management (see the Program Administrative Assistant for information about how to pay and sign up for this option).

Students should apply for the insurance at the beginning of PSYC 568 Pre-practicum and maintain coverage for the rest of the time in our program. Verification of coverage must be submitted by the student to each instructor of pre-practicum, practicum, and field placement. Information on the coverage available from Risk Management and brochures are available from the support staff of our Department Clinic. If you are interested in a placement in the Department's Psychological Clinic, please note that the Clinic requires that you purchase the insurance available through the University.

16.6 Evaluation of student performance. Near the end of Pre-practicum in April, faculty meet to discuss students' readiness for practicum. If a student is not approved to begin practicum the following semester, a remedial plan is developed to bring the student's skills up to an acceptable level. However, the plan will often require a delayed start for practicum. In Practicum (566), Advanced Practicum (674), and Field Placement (676), evaluation of students' work is ongoing. These procedures are in place to assist your growth and development, and also to safeguard the welfare of the clients you serve. Client welfare must be the paramount consideration. A component of evaluation will be your compliance with policies and procedures at your practicum or field placement site; thus, it is your responsibility to become familiar with these requirements. If your supervisor or course instructor has concerns about your performance, it is their responsibility to raise these concerns with you as soon as possible after the concern arises. A mid-semester remedial plan may be necessary. In some cases, this plan may involve reduced clinical responsibilities. Note that behavior inconsistent with the program's statement of Training Values may be the basis for an evaluation of unacceptable performance in practicum or field placement. A violation of training values or the APA Ethical Principles of Psychologists and Code of Conduct (see https://www.apa.org/ethics/code) which the faculty decides has jeopardized the welfare of your client could result in suspension from the practicum class and termination from the program.

17. Advocacy Requirements: Social Justice Practicum

- 17.1 Overview. Social justice content will be an important component of many courses that you take from the Counseling Psychology faculty. One key aspect of the practicum is choosing a project in conjunction with a cooperating agency. Your social justice practicum (SJP) instructor will help you to narrow your choice to a particular project and a particular agency or organization. After choosing an agency or organization, the process of negotiating a training contract begins.
- 17.2 SJP training "memorandum of understanding." In the Summer prior to the academic year when you begin your SJP, a crucially important task will be to develop a training agreement with an agency or organization that is willing to host you as a social justice practicum student. Your SJP instructor will assist with this process. The memorandum of understanding is an agreement between the program and a representative of the agency. It should describe the following aspects of your experience:
 - (a) The particular person at the agency who has the primary responsibility for coordinating your experience.
 - (b) What your duties and responsibilities will be, and when each will begin, together with the number of hours per week you will be on site.
 - (c) The specific services you will be expected to provide (if any) and the "work products" you are expected to produce (e.g., presentations, reports, training materials).
 - (d) Who will be responsible for supervising and evaluating these services and work products. Note that if you are providing psychological services, a properly credentialed supervisor must be designated and this person must be a party to the training agreement.
 - (e) Because an essential part of the SJP is a research component, agreements concerning data collection may need to be a part of the contract. [Note that you will need prior IRB approval for any research activities. Thus, you must apply for IRB approval early in the summer before your SJP begins and this in turn requires detailed negotiations with the SJP site if it is to be involved in data collection.]
- <u>17.3 Social Justice Practicum</u>. The "SJP" is an academic year-long experience involving two consecutive three-credit courses. You will learn techniques for epidemiological research, consultation, needs assessment, program

development and evaluation, social organizing, fund raising, and community activism. Social justice work can be lonely and frustrating. We will also learn to support one another and engage in self-care skills to protect against burnout. The experience is tailored to meet your individual needs and interests. A key to getting the most from your SJP is to plan far in advance for the type of work you would like to do and develop connections early with the agency or organization that will serve as the setting for your work. Please note: The final project turned in for your SJP course sequence must be turned in to the program administrative assistant at the end of SJP II so it can be documented in program files.

18. Teaching Requirement

Students are required to provide a guest lecture on at least two different occasions in an undergraduate course. The requirement can be met by delivering the same content to two different classes or by delivering two different guest lectures. The requirement is met automatically for any student who holds an assistantship in which they serve as the primary instructor of a course.

19. Comprehensive Examinations, Advancing to Candidacy

19.1 Purpose of Comprehensive Examinations. Comprehensive examinations are designed to achieve several important goals. First, at the most basic level they serve a quality control function to ensure that students who apply for internship have acquired the knowledge and skills necessary to perform well in all the roles expected of an intern. Second, at a more general level, comprehensive examinations are designed to ensure that graduates of the Program – after completing their internship and dissertation -- possess all the necessary knowledge and skills to function as an effective counseling psychologist, congruent with the training goals of the program. From this second goal, it follows that passing comprehensive examinations is the single best indicator that you will graduate from this Program knowing what a Counseling Psychologist should know, and have the skills that allow you to perform the tasks that a well-trained Counseling Psychologist should be able to demonstrate. Comprehensive examinations are designed to serve an instructional function. This third goal involves the integration and synthesis of knowledge and skills that you have acquired from separate courses and various components of your training. Comps are designed to push you to "put it all together" into an integrated whole, as the very term "comprehensive" implies. Finally, the fourth purpose follows closely from the third and emphasizes self-reflection even more directly. The faculty recognizes that professional development is a lifelong process. Therefore, an additional goal of comprehensive examinations is to prompt you to engage in a searching self-assessment of your career goals in connection with the training you have completed thus far. You will be asked to consider your accomplishments as well as specific areas that will need to become a focus in the final phases of your training to ensure that you are well-prepared for the career you envision.

19.2 Overview and Components: A Portfolio-Based Format. The four goals described above emphasize demonstration of skills rather than rote recall of knowledge. Because there will be very few professional situations in which you will not have access to notes, books, and the possibility of conferring with colleagues, we have designed a comprehensive process that we hope *encourages* these activities. The format involves two components. The centerpiece will be a portfolio that is developed throughout your training in consultation with your advisor, course instructors, and peers. The portfolio exhibits "artifacts" as tangible evidence of the skills you have acquired. The artifacts are written work samples demonstrating some of the activities that are routine aspects of a Counseling Psychologist's professional roles, for example, designing a research study, conceptualizing a client and developing a treatment plan, or writing an integrated assessment report. Most of the portfolio will consist of your answers to a series of essay questions that you can begin to work on at any time. We encourage students to start thinking about these questions from their first semester in the program. Some instructors may build course assignments around these portfolio tasks.

The artifacts are grouped into the following domains: (a) Self-Assessment and Professional Development Plan, (b) Research Competencies, (c) Multicultural Competencies, (d) Assessment Competencies, (e) Application of

Foundations Knowledge, (f) Theories and Practice Competencies, (g) Ethical, Legal, and Professional Issues, and (h) Social Justice Advocacy Competencies. Note that because we want students to integrate considerations of a client's vocational satisfaction and career development into all aspects of practice, and to encourage students not to think of career development as a separate domain, these competencies are included in the "Theories and Practice" domain.

19.3 Procedure. The second component of comps is a 90-minute oral examination, conducted by your Comps Committee, which consists of three Counseling Psychology faculty members. Before the oral exam, your committee will have an opportunity to review your portfolio. During the oral exam, your committee may ask you to elaborate on any of the materials in the portfolio. However, questions need not be focused specifically on a particular aspect of the portfolio. Oral Comprehensive exams will be conducted twice each year, in September and April. All artifacts and other required components of the portfolio must be completed and approved by the student's advisor by September 1 for Fall comps and by April 1 for Spring comps.

It is your responsibility to schedule the oral examination. The oral exam may not occur sooner than two weeks after the portfolio is distributed (to give committee members time to review the portfolio), but must be scheduled before October 1 in Fall and before May 1 in Spring. A 90-minute block of time should be scheduled.

The advisor serves as chair during the oral examination. One purpose of this component of comps is to further evaluate any domains a committee member believes are "below minimal expectations" based on the Portfolio artifacts. Beyond this remedial function, the oral examination provides an opportunity for scholarly dialogue between the student and members of the committee on questions important to our field. At the conclusion of the question and answer period, the student is dismissed from the meeting room. The Committee members then complete a new set of evaluations for each domain, now taking into account the student's portfolio and oral demonstration of skills and knowledge.

If two or more committee members rate one of the domains "below minimal expectations" the student is deemed to have not passed this area. The committee then confers after the Oral Exam to agree on the remedial steps necessary. A member of the committee is designated to supervise this remedial plan. Generally, this will be the advisor, but a member of the committee may also serve in this role. A timeline is developed. When two of the three committee members agree that the student has satisfactorily completed all of the remedial requirements, the student is deemed to have passed comprehensive examinations.

At the conclusion of the oral examination, if three or more areas are rated as not passing, the entire comprehensive examination must be repeated. Specific instructions for revisions in Portfolio artifacts may also be directed by the Comps Committee.

If two of the three committee members agree that three or more of the domains have been passed at the level of "with distinction," a notation will be made in the student's file that the comprehensive examinations were "passed with distinction."

19.4 Program copy of your portfolio. The Program must keep a final copy of your portfolio. It is your responsibility to provide a digital copy of the portfolio to the program administrative assistant. You should consider the portfolio a public document. Therefore, take scrupulous care not to reveal confidential information of your work with clients. Carefully protect clients' and fellow students' confidentiality through the use of pseudonyms and screening of demographic information. Also, please feel free to remove your own autobiographical statement and any other artifact making a personal disclosure that you were comfortable making to your comps committee, but would not want other students or visitors to the Program to see.

Comprehensive Portfolio Requirements Revised May, 2020

<u>Instructions</u>: This handout describes the documents or "artifacts" that you are asked to submit to your committee in the form of a portfolio for your comprehensive exams. The purpose of each artifact is to provide evidence that you have mastered a specific skill or acquired a body of knowledge necessary to function effectively during internship and as a new professional after graduation. Because the emphasis is on demonstrating knowledge and skills, if you have completed a course assignment or other work product that you believe provides substantially the same evidence of your mastery as a particular artifact, you may ask your advisor's permission to submit this written work for your portfolio in lieu of an artifact.

Please clearly label each artifact using the subheadings below. Each artifact should begin on a new page. You must use APA style for each written assignment. However, please use single spacing for any documents you are creating for the first time for this portfolio. Insert a blank line between single spaced paragraphs. (Of course, you are not required to change the format of work products created previously that you submit to meet requirements of a particular artifact.)

For artifacts created for this portfolio, use 12-point font, with 1 inch margins on all sides. Some artifacts have guidelines for total length of the paper. If no guideline is specifically mentioned, you should write only as much as you believe is necessary to adequately meet the requirement. Note that the portfolio will not be returned to you. It becomes the property of the program because it will be needed for our APA accreditation site visit. Label the cover of the binder as follows, with each line centered, and double spacing between each line except as noted:

Portfolio Submitted in Partial Fulfillment of the Requirements for Doctoral Comprehensive Examinations Counseling Psychology Program University of Tennessee

<< space down one inch>> your name month and year

Some of the points below do not involve written material, but instead provide suggestions about questions to anticipate for your oral examinations. *Items not requiring a written response will be in italic type*. You are encouraged to prepare brief written outlines that will be useful to use as study aids to answer these questions. You are not required to provide copies of these outlines in the portfolio, but you are welcome to do so if you wish.

***Please remember to email a PDF copy of your portfolio to the Program

Administrative Assistant after your oral exam and making any revisions that are

needed.***

A. Self-Assessment and Professional Development Plan

- A.1. Your updated <u>curriculum vita</u>, formatted as you would for your internship application.
- A.2. <u>Practicum Training Documentation</u> form, summarizing the hours of clinical training you have completed in various categories required by the AAPI internship application.
- A.3. <u>Autobiographical Essay</u>. [Note: This artifact is the answer to Essay #1 that will be required on your internship application "AAPI." Your answer must be limited to 500 words or less.] Please provide an autobiographical statement. There is no "correct" content to include. Answer this question as if someone had asked you, "tell me something about yourself." It is an opportunity to provide the internship site with a personal statement in order for them to get a sense of you as a person.
- A.4. <u>Career goals statement</u>. Please provide a paragraph describing your anticipated career goal-including the job or position you plan to pursue immediately after graduation; 3-5 years post-graduation; and 7-10 years post-graduation. What responsibilities and activities will each of these positions involve? Include a description of the additional credentials that you will need for these positions (e.g., licensure as a psychologist, academic tenure, status as a health services provider).
- A.5. <u>Surveying the field</u>. (a) What type of internship setting would be the best preparation for the career path you have described? (b) Summarize what current your advisor, other faculty, or recent interns have told you are some of the keys to being matched for this type of internship. (c) Interview at least two professionals currently in the field holding positions similar to the ones you have described in your statement of career goals. What do they describe as the keys to successful preparation for this career? What do they describe as keys for successful interviewing and job application strategies? (Suggested length: 1-2 pages).
- A.6. <u>Self-Assessment of Competencies</u>. Using the remaining domains of this portfolio as a framework, write two paragraphs for each domain describing your current assessment of your professional competencies. In particular, what you view as (a) your strengths in a given domain, and (b) the knowledge or skills you believe you still need to acquire in this domain to function in the career you have described in your Career Goals Statement. Note that your answer to "b" for some domains may include further preparation beyond doctoral training. Finally, describe your goals for internship training, and how you hope your internship will help advance your professional competencies.

B. Research Competencies

- B.1. <u>Research interest area.</u> Write a brief paragraph describing in general terms your interest area for dissertation research project.
- B.2. Research proposal. Choose one of these three general types of research design: (a) qualitative, (b) correlational, or (c) experimental or quasi-experimental. Your choice should be the one of these three that best fits your plan for dissertation research. You may use the most up-to-date draft of your dissertation proposal to meet this requirement. Write a proposal for research that matches the style and content of the introduction and method sections of published articles in APA journals, such as the *Journal of Counseling Psychology*. The introduction should be limited to 4-5 single spaced pages. It should adequately review the literature and make the case for the importance of your study. The introduction should conclude with a paragraph describing hypotheses, research questions, or general goals in the style that is appropriate for this approach to research. (See recent issues of APA journals for examples.) The introduction should be followed by a Method section appropriate for the research design you have selected. Unlike the Methods sections you review, the Method section for this artifact should be written in the future tense to reflect that this is a plan for research that has not yet been completed. This artifact

should also contain an up-to-date reference list. Suggested length for this artifact is 7-10 single spaced pages.

B.3. Pursuing the same general research area with other approaches. For the previous artifact you were asked to write an integrated introduction and method section for one of three general research designs. For this artifact you are asked to write an alternative Method section, using one of the two designs that you did not describe in B.2. These research designs do not have to closely parallel the research questions for B.2, but they should be investigations pursuing the same general area of research described. For example, if in B.1 you described an interest in multicultural counseling competencies (MCCs), and for B.2 you described a study investigating how counselor's self-estimates of MCCs were correlated with supervisors' evaluations and with client satisfaction, for this artifact you would need to describe either a qualitative study of MCCs, or an experimental study of MCCs, but neither would necessarily need to involve supervisors' ratings or client satisfaction. For this artifact you will not provide a full introduction, but your Method section should be preceded with a "the purpose of this study is" statement that commonly appears as the last paragraph of the introductions. Match the tone and content of APA Method sections, except that you will use the future tense. Generally, this should be 3-5 single spaced pages, depending on the number of measures and extent of detail required to adequately describe the procedures.

General requirements for artifacts B.2. and B.3. The qualitative Method section should describe the particular paradigm your study will follow (e.g., Grounded Theory, Phenomenological, Mixed Methods, CQR), together with the procedures that are appropriate to this paradigm for ensuring trustworthiness and credibility of the data. The experimental and the correlational or quasi-experimental Method sections should present the results of a power analysis indicating how many research participants will be needed to ensure statistical power of .80 for the effect sizes you expect. Experimental designs should describe manipulation checks, if appropriate. Information on validity and reliability should be provided for all measures.

- B.4. Knowledge of quantitative methods. Select one of the two quantitative designs you have described in B.2 or B.3. For this artifact, you are to write the framework for a Results section. You may use the Results section of your pre-dissertation project, Master's thesis, or your Dissertation (if completed) to meet this requirement. Describe step-by-step each of the quantitative statistical procedures you would use. Describe methods you would use for preliminary analyses of participants' demographic characteristics, reliability of measures you have used, and perhaps also validity. Describe any exploratory or data-reduction procedures you plan to use. Next describe statistical tests for each of the hypotheses or research questions you have proposed. How will you determine whether assumptions of these quantitative methods have been satisfied by the data? What follow-up analyses would you conduct, if any? How will you address issues of Type I and Type II error?
- B.5. <u>Critique of quantitative and qualitative research designs</u>. (a) Using a "threats to validity" framework that features internal validity, external validity, and statistical conclusion validity, critique the quantitative study you have described. What are the major threats to validity and how did you propose to control for them? (b) Using a trustworthiness or credibility framework (Morrow, 2005, JCP 250-260) describe how a qualitative design can ensure trustworthiness and credibility of its conclusions.
- B.6. Knowledge of important themes in contemporary counseling psychology research.
- (a) Select one manuscript published within the past three years from either *Journal of Counseling Psychology* or *The Counseling Psychologist* that is not directly related to your dissertation research and that you think represents an important contribution with the potential to shape the direction of the field of counseling psychology (this manuscript may represent an empirical or conceptual/theoretical contribution). First, summarize/describe the research or theoretical arguments of the manuscript, and then explain how this manuscript represents an important frontier for research in counseling psychology.

(b) Select an additional manuscript published within the past three years from another journal of your choice that is focused on issues central to counseling psychology (e.g., *Cultural Diversity and Ethnic Minority Psychology, Journal of Diversity in Higher Education, Journal of Vocational Behavior, Psychology of Sexual Orientation and Gender Diversity, Psychology of Women Quarterly, etc.*) and that you think represents an important contribution with the potential to shape the direction of the field of counseling psychology (this manuscript may represent an empirical or conceptual/theoretical contribution). First, summarize/describe the research or theoretical arguments of the manuscript, and then explain how this manuscript represents an important frontier for research in counseling psychology.

C. Multicultural Competencies

- C.1. <u>Self-awareness</u>. Prepare an essay that demonstrates your personal self-awareness of multicultural counseling competencies, broadly defined (e.g., race, ethnicity, gender, sexual orientation, socioeconomic status, religion/spirituality, etc.). This statement may include personal explorations of (a) your own sociocultural heritage, worldview, values, biases and prejudices as they relate to multicultural interactions and counseling, or (b) an exploration of intersecting identities and how the relative privilege/oppression associated with each has influenced your individual experiences, values, biases, and assumptions. Be sure to include your understanding of the ways in which power, privilege, and oppression have operated either consciously or unconsciously throughout your life. You can use your sociocultural autobiography/identity development paper from your multicultural class as a starting point for this artifact. However, you are expected to update your paper by incorporating what you have learned and how you have developed in your awareness of your identities from your first year in the program until now.
- C.2. <u>Critiquing established theories of change.</u> Prepare an essay that identifies a well-established, dominant theory of change in psychotherapy (e.g., psychodynamic, family systems, cognitive behavioral) and describe the multicultural/feminist critiques of this established theory. You should describe the degree to which multicultural/feminist theories can be incorporated into this established theory of change.
- C.3. Experience with diverse populations. Please describe your experience and training in work with culturally diverse populations. Your discussion should display explicitly the manner in which multicultural / diversity issues influence your clinical practice and case conceptualization. [Note: This artifact is Essay #3 taken directly from the AAPI. Your answer must be 500 words or less.]
- C.4. <u>Practice guidelines</u>. Familiarize yourself with the various diversity related APA competency guidelines for practice (e.g., multicultural, boys and men, girls and women, lesbian/gay/bisexual). Choose one set of guidelines and discuss how you would broach these issues with clients and how you would integrate relevant multicultural issues, knowledge, and APA guidelines into your case conceptualizations, treatment plans, and counseling work with clients.
- C.5. <u>Multicultural counseling and case conceptualization</u>. Requirements for becoming a culturally competent counseling psychologist include increasing awareness of one's own cultural values and biases, increasing knowledge of clients' worldviews, and using culturally appropriate strategies and intervention skills. To demonstrate your multicultural awareness, knowledge, and skills as a counseling psychologist, you will be given a case vignette of a client that requires you to apply multicultural competencies. Using the case vignette, please discuss your conceptualization of the client, what additional information you would like to know, and how you would work with the client based on their multicultural concerns. Students will be given the case vignette during the summer before you plan to complete your comps. Students should also be prepared to discuss their own multicultural case example during the oral exam.

D. Assessment Competencies

D.1. Write an integrated assessment report using at least 2 psychological tests, in addition to interview

material. The integrated report can include a combination of personality and cognitive assessment measures **OR** two of the same types of tests (i.e., two personality assessment measures or two cognitive assessment measures.) This can be a report you completed at a practicum site or the final report from one of your assessment courses. The report should be constructed similarly to reports completed during the assessment course series. Thus, sections should include reason for referral, assessments administered, test scores, background information, behavioral observations, interpretation of assessment results, and recommendations for treatment based on these results. Please include a DSM-5 diagnosis. Some internship sites require an example of an integrated assessment report as part of the application process.

D.2. Either using a case study from a relevant course or from a client you have worked with, please discuss the process you used to determine the client's probable diagnosis (or diagnoses). If you are using a client you have worked with, rather than an already-prepared case study from a course, please write a one-page case study "summary" for the client. Please remove information that would allow identification of the client. In your brief essay (1-2 pages maximum, not including the case study itself), you should include relevant diagnoses you considered and what lead you to these potential diagnoses (e.g., specific symptoms, history, intake information, etc.). Did you rule out any possible diagnoses? If so, what caused you to eliminate these diagnoses from consideration?

E. Application of Foundations Knowledge

E.1. a-c. Select three areas from the following list of psychological foundations, biological bases of behavior, social bases of behavior, cognitive/affective bases of behavior, individual bases of behavior, developmental bases of behavior, or history and systems of psychology. For each of these three areas select a theory, model, or body of literature from that area and apply it in your choice of one of the following two ways: (1) How does this body of knowledge help improve the effectiveness of a counseling intervention you might deliver? or (2) How might you apply this theory or model to help inform a research question designed to explore a question of interest to Counseling psychologists. You can mix and match for your three answers. For example, (a) from Social Bases of Behavior, you might choose a theory and body of research on attitude change to explain how an intervention designed to combat heterosexism in high schools could be improved; (b) from Developmental bases of behavior, you might select Piagetian concepts of assimilation and accommodation to describe a research study of how trauma survivors come to understand and make meaning of their experience; and (c) from Individual bases of behavior you might apply a body of knowledge about impulse control to help improve an intervention to prevent relapse in substance abuse treatment. (Suggested length: 1-2 single spaced pages for each of the three components.)

F. Theories and Practice Competencies

- F.1. <u>Brief statement of theoretical orientation.</u> Please describe your theoretical orientation and how this influences your approach to case conceptualization and intervention. You may use de-identified case material to illustrate your points if you choose. [Note: This artifact is the answer to Essay #2 that will be required on your internship application "AAPI". Your answer must be limited to 500 words or less.]
- F.2. Personal theory of psychotherapy change. In this artifact you are asked to describe how your personal theory of psychotherapy change guides your thinking about clients and helps you develop a treatment plan. Your personal theory should borrow from all the sources available to you -- the writings of other therapists, texts on counseling and personality theory, observations of your colleagues, and clients you have already seen. You should provide citations for the work of others that have inspired you in previous readings. Most of all, your theory of change will come from your own private reflections. Your personal theory will serve as a compass to direct your work with clients. Developing one's personal theory of psychotherapy change is a lifelong task. In your career, each new client, each new colleague, each new text or article you read may have something to offer that causes you to re-think your personal theory. This artifact should provide a snapshot of your current thinking. Use a total of 3-5 single spaced pages to provide your answers to each of the following four questions:

- a. What motivates human growth and development? (i.e., What is the "engine" that drives an individual's functioning in the world? What are the goals that all humans seek to achieve?) You may think there is no engine or guiding force, or that it is an exceedingly simple one such as "survival". If so, please describe your beliefs. Please incorporate in your answer your definition of psychological health and optimally adaptive functioning.
- b. What forces or influences cause "psychopathology" or "problems in living" to develop? (Use your own preferred term here.) Your answer should describe how the process you describe in question "a" above gets off track and leads to the development of maladaptive patterns, emotional/psychological pain, etc. You should also include the role of cultural and social context influences in your answer to both "a" and this question "b". Your answer should also include your beliefs about the biological bases of some presenting problems.
- c. How do clients attempt to cope with the influences you have described in "b"? Your answer should describe both (1) healthy, adaptive coping which accounts for why clients are able to handle the negative influences described in "b" without professional help; and (2) maladaptive coping, which might provide some partial containment of the negative influences you have described in "b", but which leaves the client "compromised" in some way and prompts the client to seek counseling.
- d. How does psychotherapy facilitate the change process in order to counteract the negative influences you have described in "b"? How does your model of psychotherapy account for the adaptive and maladaptive coping strategies you have described in "c"? Does your model in some way harness the natural forces of development you have described in "a"?

 Note: An important criterion for evaluating this artifact will be how well-integrated your answers are

Note: An important criterion for evaluating this artifact will be how well-integrated your answers are across these four elements. Your answer to each succeeding element should build upon the answers given to previous elements.

- F.3. <u>Case conceptualization and treatment plan.</u> For a client you have worked with, develop a theoretically driven case conceptualization and treatment plan. The case conceptualization and treatment plan should be similar to what you learned in the advanced counseling theories course and should integrate your theory of change, client history, research literature related to the presenting problem(s), diversity issues, and the sociopolitical context of the problem(s). The treatment plan should flow from the case conceptualization and include two sections: 1) treatment plan, interventions used, and progress thus far, and 2) a future long-term 15 additional session treatment plan. The paper should clearly demonstrate who this client is, what the client's current struggles and presenting issues are, how your theoretical orientation and the research literature helps you understand this client, how many sessions you saw the client for, what you worked on during your therapy sessions, and what you would work on if you had 15 more sessions with this client.
- F.4. <u>Evaluating effectiveness</u>. Based on your knowledge of research methods, describe in detail the procedures you would use to provide empirical evidence to an outside evaluator that the therapy you describe for both the treatment plans in artifact F.4 is effective with a single client under review. Your answer should describe pre- and post-treatment assessment, as well as process measures you might use during the course of treatment. What statistical methods would you use to evaluate these data?
- F.5. <u>Alternative treatment approaches.</u> [Note: This section does not require a written artifact. You only need to be prepared to discuss these areas at your Oral Exam.] Describe how you would approach the client described in F.3 from the following perspectives: (a) cognitive behavioral, (b) feminist, (c) interpersonal / psychodynamic, (e) gestalt, or process-experiential, or "emotion-focused," and (f) family systems.
- F.6. <u>Group therapy.</u> (a) How would you assess whether the client you have been describing would be appropriate for a "Yalom style" interpersonal therapy group? What would the benefits and risks of group

- therapy be for this client? (b) Discuss this client's change process in terms of the therapeutic factors described by Yalom. (c) Would a structured psychoeducational group be beneficial, if so, what type of group? (Suggested length 1 to 1.5 single spaced pages.)
- F.7. <u>Career development</u>. Describe how you plan to incorporate concepts from career development theory and the job satisfaction literature into work with clients. Your answer to this question should incorporate at least two distinct models of career development or lines of research. (Suggested length, 1-2 single spaced pages.)
- F.8. Relationships in Therapy, Training, and Supervision. You should be prepared to answer each of these questions in your oral exam: (a) Research suggests that the working alliance may be the most important single ingredient in predicting successful outcome in therapy. In working with your clients how do you develop the most effective Bond, Goals, and Tasks aspects of your working alliance? (b) Provide an example of how you have deliberately structured a psychotherapy relationship with one of your clients in an attempt to provide a corrective emotional experience. (c) Lazarus suggests that therapists need to be "authentic chameleons" with their clients. What did he mean? Do you agree? Do you apply some part of this advice in your own work? (d) From your perspective as a supervisee, what is the ideal relationship you might have with a supervisor? Describe important aspects of this ideal relationship and your interactions with the supervisor. What can you do with your next supervisor to help ensure that this type of relationship develops? (e) From your perspective as a practicum or field placement trainee, what is the ideal relationship and interactions you can have with classmates? What can you do with your fellow interns next year to proactively help ensure these ideal relationships develop? (f) Describe an example of a problematic emotional reaction you have had with a client (some might label as countertransference). How did you manage this reaction? (g) Provide an example of a dilemma or a "stuck spot" in your work with a client and how you used supervision in an attempt to resolve the issue. (h) What types of clients or situations in counseling have you discovered are most likely to evoke counterproductive emotional reactions for you? What have you attempted so far to try to manage these situations? (i) Describe a situation in which a client's worldview, values, or strong beliefs were discrepant from your own. How did you approach this client to manage the differences?

G. Ethical, Legal, and Professional Issues

- G.1. <u>Ethical dilemma, personal example</u>. Describe an ethical dilemma you have actually faced in your work with clients, your research, or your teaching. The first part of this artifact should focus on describing the nature of the dilemma and the inherent conflict. Which portions of the APA <u>Ethical Principles of Psychologists and Code of Conduct might apply to this dilemma?</u> Discuss the dilemma in terms of virtue ethics principles such as justice, autonomy, beneficence, non-maleficence. The second part of this artifact should focus how you actually resolved this ethical dilemma. Suggested length: 2 single spaced pages.
- G.2. Ethical and legal issues. [Note: This section does not require a written artifact. You only need to be prepared to answer these questions at your Oral Exam.] (a) In the state of Tennessee, under what circumstances are you required to initiate a break in confidentiality with an adult client? With a child client? Whom do you contact in each of these circumstances? (b) In the state of Tennessee, if the following persons initiate contact with you and ask about your work with an adult client at a university counseling center, how would you respond if the request came from the client's parent? Spouse? Psychiatrist? Probation officer? A police detective investigating a crime your client is accused of committing? (c) What does the legislation known as "HIPAA" require of psychologists?
- G.3. <u>Research ethics</u>. Considering the research proposal you presented for artifact B.2. (a) What are the elements of informed consent that must be presented to your potential participants. (b) In addition to informed consent, what other ethical issues must be considered in this proposal, and how do you propose to safeguard participants and potential participants?

- G.4. <u>Current professional issues</u>. [Note: This section does not require a written artifact.] To prepare for this set of questions, we recommend that you become familiar with significant professional issues that have appeared over the past three years in The Counseling Psychologist, the Journal of Counseling Psychology, and the American Psychologist. In your oral exam be prepared to discuss current topics and share your perspectives about issues of concern to Counseling Psychologists such as (but not limited to): prescription privileges for psychologists, psychologists' participation in interrogation of terrorism suspects; evidence-based practice; mental health insurance parity.
- G.5. <u>Professional Organizations</u>. (a) Write one-half to one full single spaced page describing the American Psychological Association and its Division 17 (Society of Counseling Psychology). Your answer should include the history of its development, its current structure, and how it is governed. Include information about the annual convention of the APA. How can one join APA as a student and as a Ph.D. graduate? (b) Summarize the history of APA Division 17 and the major influences on its development. Your answer should include a description of how one joins as a student and as a Ph.D. graduate. What publications are sponsored by APA Division 17? How is the Division governed? What are special sections and interest groups? Suggested length: 1 to 1.5 single spaced pages. (c) In two brief paragraphs, describe two other APA divisions that interest you. (d) In 1-2 brief paragraphs, describe a professional organization other that APA or its Divisions that you might be interested in joining to further your professional development.

H. Social Justice Advocacy Competencies

- H.1. Theory of social justice. Describe your personal definition of "social justice" and your orientation toward social justice advocacy work. Throughout your doctoral training, you should be developing your own definition/theory of "social justice" and your own orientation to social justice advocacy work (just as you have been developing a theoretical orientation that drives your individual and group counseling). Your definition and orientation may be based on the various perspectives on social justice you've read about and your own personal and professional experiences and values. Apply your definition/theory to a target population or social injustice with which you have worked or plan to work. Describe the systemic forces and social policies that have led to and perpetuated the oppression of this population, or this social issue. Next, discuss the history of interventions or social movements involving this population or social issue, and evaluate their effectiveness. Then describe what changes are needed to create a more socially just world for your target population (e.g., changes in interpersonal relations, public policy or laws, changes to social institutions), and changes that the population may be empowered to make. You should include references to peer-reviewed journals and other reputable sources, as well as information gathered from your work with the target population. You can use your theory of social justice paper from your social justice practicum class as a starting point for this artifact. However, you are expected to update this artifact by incorporating the feedback you received on this assignment.
- H.2. <u>Social action letter</u>. An important component of our program is our unique scientist-practitioner-advocate training model. In order to develop advocacy skills, it is important to develop skills in communicating social justice issues to broader society as a way to affect change. You will prepare a letter to the editor of a local newspaper or a post to a local, regional or national website contributing to the discussion of a particular social justice issue. You can also write a letter to a local, state, or federal legislator related to a particular social justice issue. You are expected to apply the concepts you learned in your multicultural psychology course and the social justice practicum course for this artifact. You can use your social action engagement letter from your multicultural class or social justice practicum class as a starting point for this artifact. However, you are expected to update your letter by incorporating the feedback you received on this assignment. You may want to use the APA Federal Advocacy Guide as a resource in writing your letter (https://www.apa.org/about/gr/advocacy/federal-guide.pdf).

- 19.5 Admission to candidacy. This is an important milestone in your academic progress, and an essential step before you can graduate. It signifies that you have completed the bulk of your coursework and passed comprehensive examinations. Note that you must be advanced to candidacy no later than the last day of classes in the semester before you intend to graduate. In other words, you cannot advance to candidacy and graduate in the same semester. The following steps must be completed to "advance to candidacy":
 - 1. Complete an approved Master's thesis.
 - 2. Seek departmental approval to form doctoral committee via the Program Director.
 - 3. Submit a final version of your Curriculum Planner, approved by your advisor, to your doctoral committee, to the Program Director, and to the Graduate Programs Coordinator.
 - 4. Pass comprehensive examinations.
 - 5. File an "Admission to Candidacy Application."

See also the "admission to candidacy section" of the Grad School policies at: http://gradschool.utk.edu/forms-central/admission-to-candidacy-doctoral-degree/

20. Internship

The successful completion of a one-year internship accredited by the American Psychological Association is a program requirement. A few APA-accredited internships are half-time for two years. Although APA accredits internships, an independent organization known as APPIC (Association of Psychology Postdoctoral and Internship Centers) sets policies governing the process of application, matching, and selection for internship. APPIC publishes an online directory listing internships in the U.S. and Canada (see: http://www.appic.org/Directory/APPIC-Directories-PDF-Copies). The online directory is updated each summer. All APA-accredited internships are automatically listed in this directory. However, some additional internships are listed that meet APPIC standards but are not APA-accredited. Because of the limited number of approved internships in the East Tennessee area, for most students the internship year involves moving from Knoxville.

20.1 Non APA-accredited internships. Students must petition the faculty for permission to apply to an internship that is not APA-accredited. Permission must be obtained prior to submitting an application. Students who submit such a petition must understand that they are placing their chances of eventually becoming licensed as psychologists at grave risk in many jurisdictions. The petition must provide a convincing rationale to the faculty for the request. The petition is for both a waiver of the Program requirement, and for permission to apply to a specific internship site or sites. Therefore, a petition must describe specific alternative sites. APPIC-listed sites need not be described in detail, but if a student seeks permission to apply for an internship experience that is neither APA-accredited nor APPIC-listed, a very detailed training contract must be arranged in advance. The faculty will review this contract to determine how many elements required for APA-accreditation are present in the agreement.

<u>20.2 Internship application requirements</u>. Many internship sites have application deadlines as early as November 1 of the year prior to the start of the internship. The entire process involves the following steps:

- (1) September-October: Selecting sites, and ask for letters of recommendation.
- (2) Early November: Submitting your online application.
- (2) December-January: Interviews with sites that select you as a finalist.
- (3) February, first week: Rank order list of your internship preferences submitted to APPIC.
- (4) February, second or third week: Notification of internship match.

To advance through each of these stages, the following requirements must be met before the indicated deadlines in the year the student intends to submit applications. In order to submit applications for internship you must meet each of the following deadlines:

- (a) Submit a full draft of your dissertation proposal to your committee by April 5th and have your dissertation proposal meeting before May 5th of the spring semester before the fall semester you intend to apply for internship. Students are not permitted to proceed with applications for internships unless their dissertation proposal has been approved.
- (b) Have your comprehensive exam portfolio submitted to your committee no later than September 1st, with the oral defense scheduled by the third week of September of the fall semester you intend to apply for internship.
- (c) If there are any remedial steps required after oral comps, these must be complete by October 15 of the fall semester you intend to apply for internship.
- (d) Be on track to accumulate before May 1 of the spring semester before the fall semester that you intend to apply for internship, 500 intervention/assessment hours (including at least 300 individual and group counseling hours) and 100 hours of supervision.

In order to submit a ranking list in February you must:

- (f) Be currently enrolled in all courses needed to complete academic requirements except PSYC 600
- <u>20.3 Internship application process</u>. In addition to meeting the program requirements described in the previous sections, the following steps are a useful guide to applying for internship:
- 1. Summer September. Consult the APPIC directory of internship sites to begin developing your target list. http://www.appic.org/Directory Go online to each of the sites on your target list and study the opportunities in detail. Talk to your advisor, other faculty, current UT interns, and UT graduates to find out all you can about sites that interest you. Consider geographic factors and quality of life issues. (You might find the current issue of the "Places Rated Almanac" helpful, available for about \$20 from online booksellers.) Register for "Match news" and begin receiving information for intern applicants: http://www.appic.org/Match/About-The-APPIC-Match. Take a look at the "AAPI" (APPIC Application for Psychology Internship) to get an idea of the information you will be asked to provide: http://www.apa.org/gradpsych/features/2009/match-tips.aspx. Think about your goals and the specific areas you would like to learn/develop skills in the future.
- 2. Mid-September. Based on the information you have collected, narrow your target list and begin preparing applications. Do not underestimate how much time this will take. This is a very time-consuming process. Draft your answers to the AAPI essay questions early in the process and solicit your advisor's feedback. Revise, set aside, revise again. Request letters of recommendation <u>at least</u> three weeks before your earliest deadline. Your initial request should include: (a) a copy of your vita, (b) draft answers to your AAPI essay questions, and (c) a digital list of addresses and contact names that can easily be pasted into the salutations of your recommenders' letters. In the weeks after this initial request, it is appropriate to ask for additional letters. However, it is very bad form to request letters with less than three weeks' lead time before the first deadline, or to select a site after the first batch with an earlier deadline.
- 3. Mid-October. Choose your final target list of sites. UT students typically submit 10-12 applications. We recommend a minimum of 8 and a maximum of 15. If you apply to too few sites, you may be limiting your options and risking not being matched to any internship. If you apply to too many programs, the quality of your applications may fade. Consider also the consequences of being invited for an interview to nearly every site to which you've applied. Could you go to all of the interviews? If not, which ones would you turn down?
- 4. Late October. Although you can apply to the National Matching Service any time after August 1, because the fee is non-refundable, it might be wise to wait until you are sure you will be going on internship the next year. You can find out how to register at: http://www.natmatch.com/psychint/reglink.htm. You must register to participate in the matching process. Note that your fee and approved application must be received on file by December 1, so don't delay! Thus, the advantages of registering with NMS in August are that your match number will be clearly displayed on every application you submit. The disadvantages are that if you register but

then decide not to follow through with applications (or miss a comps deadline) you will forfeit the \$100 fee. Deadlines require many students to upload materials and submit their online application as early as October 25.

- 5. November. After submitting your application, you can take a breather, rest, regroup but not for too long. Begin preparing for telephone, Skype, and some in-person interviews. Decide whether you want to visit sites that do not require in-person interviews. Never plan to visit an internship site without first contacting its Training Director. Although many sites do not prohibit students from visiting who have not received an invitation to interview, the consensus is overwhelming that uninvited visits tend to do far more harm than good for the applicants' chances of receiving an internship offer. On the other hand, visiting a site that hosts an applicant visiting day can provide you with very useful information. Begin making your travel arrangements.
- 6. December-January. Concentrate on doing well in your interviews, all the while continuing to refine your application list into a rank order list. Many students find that it is counterproductive to individually rank sites from the start. Instead, they assign sites to high, medium, and low clusters. Eventually the high cluster is split into an "ultra high" and a "very high" group; medium becomes "high medium" and "low medium." You might discover something about a site that places it in a "lower than low" group. These are sites which received an application, but you have decided not to rank. Essentially by placing a site in this group you are saying "I would rather wait one year and not be placed than attend an internship at this site." Conversely, you should be willing to complete your internship at EVERY site you rank, because except for unforeseeable circumstances, you will be obligated to accept an internship from your lowest ranked site if it is the only site to "match." In preparing your rank order list one factor that should play no role whatsoever is your estimate of where a particular site has ranked you.
- 7. February. Prepare for Match Day, when you will be notified of your placement. You will be notified on the morning of Match Day whether or not you have been matched and where. If you do not match, do not despair! Each year a number of excellent internship placements do not fill through the regular process. The APPIC Clearing House helps bring together unmatched internship applicants and sites in the days immediately after Match Day.

Part III. Program Policies and Procedures

21. Professional Behavior

Students are expected to attend and be on time for all classes, client and supervision sessions, and meetings with faculty unless prevented from doing so by illness or emergency. In cases where illness or emergencies prevent you from attending to your professional obligations, it is expected that you will, as soon as possible, contact your professor and/or supervisor to inform them of your absence. All students are expected to abide by program values, rules of academic conduct, and APA ethical standards (https://www.apa.org/ethics/code). In addition, students in the program are expected to respond in a timely manner to emails/communication (i.e., within 48 hours). Students should also be familiar with and abide by UTK's Student Code of Conduct (https://hilltopics.utk.edu/student-code-of-conduct/).

22. Counseling Psychology Program Checklist of Deadlines and Forms

Copies of the forms you need are available from the Graduate Programs Coordinator. All completed forms should be turned in to the Graduate Programs Coordinator, who will make necessary copies and see that the forms are recorded and filed. EXCEPTION: Forms marked with an * should be picked up from and returned to the program administrative assistant.

FIRST YEAR
Master's Committee must be formed, consisting of your advisor and two other members of the Counseling Psychology faculty.
*April 1: Curriculum Planner Form is due, must be approved by your Master's Committee.
*April 1: Student Progress Form is due, this year and <u>each subsequent year</u> . (This information is needed for our yearly APA Accreditation Report.)
SECOND YEAR
*End of Fall and Spring semester: Electronic Supervisor Evaluation of Practicum, completed by your supervisor and sent to Counseling Program Training Director; also Practicum Training Documentation Form and your Evaluation of Practicum Site (end of semester and weekly forms).
THIRD YEAR (may be SECOND YEAR for students who complete Master's thesis research early)
November 1: Master's thesis approval. Approval requires submission to a journal or acceptance for presentation at a national or regional conference.
January 15: Appointment of Doctoral Committee. Committee consists of at least four faculty members. Note that you should not enroll for Dissertation credit (PSYC 600) until your dissertation committee has been appointed and approved. Once you sign up for PSYC 600, you MUST enroll for PSYC 600 every semester thereafter until you complete your degree, unless you have a prior approved Leave of Absence.
January 15: Appointment of Comps Committee. Note, if you plan to take comps in third year, this step must be completed by May 1 before you take comps the following September. Your comps committee typically consists of the Counseling Psychology faculty on your Doctoral Committee (but may include substitute Counseling Psychology faculty if your Doctoral Committee does not include three Counseling Psychology faculty).
*End of each semester enrolled in Field Placement : Evaluation of Field Placement performance from your supervisor, sent to Counseling Program Training Director; also Practicum Training Documentation Form and your Evaluation of Practicum Site (end of semester and weekly forms).
FOURTH or FIFTH YEAR (may be THIRD YEAR for students who complete Master's thesis early)
First Monday in April (of the semester prior to applying for internship): Dissertation Proposal Submitted to your Dissertation Committee for Review. Your defense meeting must be held by the first Monday in May.
September 1: Submit complete Comps portfolio to committee for review.
Prior to October 1: Deadline for oral defense of comps portfolio.
October 15: Approval of Comps Portfolio by Comps Committee (including all revisions from defense).
October 25: Approval to apply for Internship from Program Director.
Application to Graduate

23. Application to Graduate

The commencement ceremony for doctoral students is known as "hooding." It is a very special occasion shared by the student and advisor, following traditions that go back centuries to the foundations of the modern university system. Although students may graduate with a Fall, Spring or Summer graduation date, there is no summer hooding ceremony. Summer graduates may participate in Fall semester commencement. To find out more about UT's ceremony see: http://gradschool.utk.edu/graduation/graduate-hooding-ceremony/

Of course, before you can participate in the commencement/hooding ceremony, you must successfully pass a 13-step process. The information below is taken from Graduate School policies at this web link: http://catalog.utk.edu/content.php?catoid=21&navoid=2510#Graduation.

- Step 1. Verify your address, name on record and privacy status before applying.
- Step 2. Submit a doctoral committee appointment form (doctoral students only).
- Step 3. Submit an admission to candidacy form.
- Step 4. Submit a graduation application form.
- Step 5. Schedule a final examination/defense of thesis/dissertation and submit scheduling dissertation form.
- Step 6. Pay graduation fee.
- Step 7. Plan to participate in the commencement and hooding ceremonies.
- Step 8. Purchase a cap and gown; rent a hood.
- Step 9. Pay a non-thesis examination fee.
- Step 10. Attend a student loan exit interview.
- Step 11. Take your final examination/defense of thesis/dissertation.
- Step 12. Submit official copies of thesis/dissertation.
- Step 13. Clear all financial obligations.
- Step 14. Attend the doctoral hooding ceremony for main commencement ceremony.

Also plan to give updated contact information to the program director so that we can stay in touch and keep you involved in the mentoring network for new students.

24. Petitioning the Faculty for a Waiver

A student may occasionally experience unique and extenuating circumstances that impact the individual's adherence to specific elements of the programmatic guidelines, without substantially altering the student's satisfactory progress toward Program completion. In those rare and extraordinary situations, students may petition the Program faculty for a review of their "special circumstance(s)" and request consideration for permission for individual modification.

These petitions are anticipated to be rare, used judiciously and legitimately in the event of untoward or extenuating circumstances (e.g., serious illness of student or family member). The process of Faculty Petition may be used for elements of execution (e.g., proposal defense scheduled after Internship requires acceptance); this procedure is NOT intended for changes in program requirements, failure to meet past deadlines, or substantive elements in Program Guidelines.

The petition must be brought forward to the Program Director a minimum of 4 weeks (of the academic calendar) prior to the date/action which is the subject of the petition.

25. Leave of Absence

A student may request a personal leave of absence from the Program in the event of extended illness, family emergency, or other extenuating circumstances. If a student wishes to obtain a personal leave of absence, the student must complete and submit a "Request for Leave of Absence" form, stating the reason(s) that a leave of absence is being requested, as well as the duration and dates of the proposed leave of absence. This form must be approved by the Program Director, the Department Head, and the student's Master's committee or doctoral committee chair, as well as the Dean of the Graduate School.

26. Evaluation of Student Progress

From the moment of first enrollment, students are expected to comply with all provisions of the APA Ethical Principles of Psychologists and Code of Conduct (see https://www.apa.org/ethics/code).

The Counseling Psychology Program Faculty meets in April to discuss each student's progress in the Program. Progress in research and practice, meeting deadlines, professionalism, interpersonal skills, support for other students, ethical behavior, and **compliance with our statement of training values are among the factors evaluated.** It is also a time to celebrate accomplishments of the past year. Your advisor will summarize the feedback in a letter which points out strengths and suggests areas that should be a particular focus of efforts in the coming year. If there are concerns about any aspect of a student's performance, these are discussed at the meeting and summarized in the annual evaluation letter. A key statement included in every letter is the faculty's consensus evaluation of whether you are making adequate progress.

27. Remediation, Academic Probation, or Termination

<u>27.1 Lack of adequate progress</u>. Occasionally, the result of the yearly evaluation meeting is a determination that the student is not making adequate progress in a certain area. A letter of concern about not making adequate process can be generated at any time during the year, and is communicated as soon as practical by either the advisor or the Program Director. This letter describes the particular area of concern and remedial steps that must be taken for the student to resume adequate progress.

27.2 Academic probation. An even more serious level of faculty concern may result in a decision by the faculty to place a student on academic probation. This determination can only be made by a majority vote of the Counseling Psychology core faculty. Academic probation means that the student is no longer considered "in good standing" and may not apply for nor accept an internship offer while the probation continues. After voting to place the student on academic probation, a three-person "Remediation Committee" (RC) is formed consisting of the student's advisor, and two members of the core or adjunct faculty appointed by the Program Director. The RC works with the student to develop a remedial plan designed to address the original concerns of the faculty. Once a plan is developed and agreed to by the RC and the student, the RC closely monitors the student's progress and keeps the student informed of its continuing appraisal. When a majority of the RC believes that the reasons for academic probation have been adequately addressed, the chair of the RC places the matter on the agenda for discussion at the next faculty meeting. The student placed on probation has the option – but is not required – to address the faculty before a new determination is made. After giving the student this opportunity, and hearing from the RC, the faculty then votes to decide whether the student should be reinstated to "good standing" status or continue on academic probation. If the vote is to continue probation, a new remediation plan must be developed with participation of the student. The student will be notified in writing about the extent to which remediation has or has not been successful in addressing the original concerns and, if not successful, what additional steps need to be taken.

<u>27.3 Termination</u>. The most serious level of concern involves a program faculty decision to recommend to the department faculty that a student should be dismissed from the Program. Typically, as a problem continues

without remediation there is a progression through each of the three stages from "not making adequate progress," to probation, to dismissal. However, for serious violations of the standards of ethical conduct, a student can be dismissed without first being placed on probation. A student may be terminated from the program without a probationary period for reasons which are extremely serious (i.e., violation of ethical codes). In this case, the Counseling Psychology Program Faculty would hold a formal review of the student prior to the termination action. Termination from the Counseling Psychology Program could result from a determination by the faculty that any of the following circumstances have occurred (note that this is not an exclusive list):

- 1. Continuing failure to achieve adequate competence in any level of the practica sequence.
- 2. Continuing failure to progress through the program in a timely manner.
- 3. Not maintaining a B average for all coursework.
- 4. Twice failing the comprehensive examinations.
- 5. Academic dishonesty or misconduct.
- 6. Cognitive, affective, and/or behavioral impairments that obstruct the training process and/or threaten client welfare
- 7. A violation of the program's statement of training values, or violation of the APA *Ethical Principles of Psychologists and Code of Conduct*.

Students dismissed from the Program must be informed of their inadequate progress and must be given written notice.

Students with psychological problems may be dismissed from the Program if they are unable to exercise appropriate control or are a threat to others. Student difficulty with drugs or alcohol is not covered under the ADA (American Disabilities Act), and recurring problems are viable grounds for dismissal from the program. The decision to terminate a student is made only after a 2/3 vote of all members of the core Counseling Psychology faculty and a consensus vote by the full Psychology Department faculty.

28. Early Termination/Withdrawal

If a student is terminated or withdraws from a program prior to the end of the semester, the student will be responsible for payment of tuition and other fees from the termination/withdrawal date until the end of the semester. The responsibility for paying tuition and fees will apply to all students, including those who have tuition waivers during the semester in which they are terminated/withdraw early. Please see the graduate catalog for additional information about early termination/withdrawal at: http://catalog.utk.edu/content.php?catoid=23&navoid=2827#fees_fina_assi and https://onestop.utk.edu/withdraw/. If you are considering early withdrawal, you should contact the Bursar's office to inquire about the financial ramifications for early withdrawal.

29. Students' Concerns about Others and Conflict Resolution

While not frequent, students occasionally may have a professional concern about another student or faculty member or experience a conflict with another student or faculty member. Examples might include an interpersonal conflict; perceptions about lack of competency or multicultural sensitivity; or dissatisfaction with a course instructor, supervisor, or advisor. Students may wish to consult with their advisor (when possible) about how to address the concern or conflict. Please keep in mind that in most cases, addressing the issue directly and face-to-face with the person involved should be the first step in attempting to resolve a concern or conflict. The following guidelines may help resolve these concerns or conflicts in a less formal manner than filing a formal grievance.

The student makes a request for a meeting, in either verbal or written form, as an initial attempt to resolve the issue. The recipient of this request has the responsibility to respond in a timely manner (e.g., within 48 hours). If there is no timely response, the student initiating the request may contact their advisor or Director of Training who may then contact the recipient about the need for a timely response.

Step 2: Face-to-Face Meeting

The student meets with whom they have a conflict/concern. Be as direct, specific, and behaviorally focused as you can in describing the issue of concern/conflict.

Step 3: Meeting with Third Party Present (Optional)

If the issue has not been resolved by an individual meeting, students may request a meeting with a third party present, such as their advisor, to serve as a mediator in conflict resolution. If the advisor is involved in the conflict, students may request that the Director of Training serve as the mediator in the meeting.

Step 4: Meeting with Director of Training or Department Head

If none of the previous steps resolves the concern or conflict, the student may request a meeting with the Director of Training to discuss the concern/conflict. If the issue is with the Director of Training or with another faculty member, the student may request a meeting with the Department Head given their role in personnel matters.

If the issue remains unresolved, the student may consider filing a formal grievance (see section 29).

30. Due Process and Formal Grievance Procedure

A determination that a student is not making adequate progress, decision to place a student on academic probation, or decision to terminate a student from the Program may all be appealed following the procedures described in this section. These are not the only situations when an appeal is possible. Any decision made by the Program Director, a faculty member, or a faculty committee may be appealed. Students who believe they have been treated in a biased or unfair manner have the right to file a grievance.

The following procedures are outlined to provide guidance for students when there is a grievance or when conditions warrant an appeal/review of a decision made by a faculty member, Program Director, or committee. Students who wish to appeal a decision or seek action in the matter of a grievance are encouraged to first solicit clarification and review through informal methods (i.e., consultation with a faculty member, advisor, or Program Director).

When a less formal approach fails, the student has the right to appeal a grievance in the following manner:

- 1. Present the grievance to the faculty member.
- 2. If unwilling to accept the decision resulting from this discussion, the student may appeal the grievance to the Program Director.
- 3. If the student still does not agree with the decision of the Program Director, he or she may make a formal appeal to the Department Head.
- 4. The Department Head may try to resolve the issue or convene a Departmental "Appeal Panel" (comprised of Program/Department faculty members).
- 5. If the situation is still not resolved to the students' satisfaction, he or she may appeal to the Dean of the College.

See also: http://gradschool.utk.edu/GraduateCouncil/AcadPoli/appealprocedure.pdf

In addition, the following Graduate School policies apply:

- (a) Students with grievances related to race, gender, religion, national origin, age, or handicap should file a formal complaint with the Office of Equity and Diversity with a copy to the appropriate academic department head.
- (b) Students with grievances concerning grades should file a formal complaint with the Graduate Council through the office of the Associate Dean of Graduate Studies, but only after grievances have been duly processed, without resolution, through appropriate appeals procedures at the department and college levels.
- (c) Students with grievances concerning the interpretation of and adherence to university, college, and department policies and procedures as they apply to graduate education should file a formal complaint with the Graduate Council through the office of the Associate Dean of Graduate Studies, but only after grievances have been duly processed, without resolution, through appropriate appeals procedures at the department and college levels. An appeal of policies or procedures must be filed no later than 90 days after the incident that occasions the appeal.
- (d) Appeal procedures in regard to allegations of misconduct or academic dishonesty are presented in *Hilltopics* (http://hilltopics.utk.edu/) under "Disciplinary Regulations and Procedures."
- (e) Allegations of mistreatment, including sexual harassment, in your role as a graduate assistant are described on the Graduate School webpage, http://gradschool.utk.edu/graduate-student-life/understanding-your-rights-and-obligations/

If possible, you should speak first with your immediate supervisor, then with the graduate liaison, and, if the problem has not been resolved, with the department head. If you still feel the complaint has not been adequately addressed, you should contact the appeals committees in your home unit or college and the dean of your college/school. If you feel that a resolution should be sought beyond the department/college level, you should contact the Graduate School about a formal appeal. In all cases in which you feel unable to speak with your supervisor, department, or college about the specific problem because of the nature of the problem or fear of repercussions, you should seek assistance in resolving the matter from the assistant to the dean in the Graduate School. However, in such a case, you should carefully consider the wisdom of bypassing the department and college levels since any resolution of the problem will require notification of all parties involved.

31. Graduate Student Web Resources

Best Practices in Teaching – http://gradschool.utk.edu/training-and-mentorship/bpit/

Center for International Education – http://web.utk.edu/~globe/index.php

Counseling Center – http://counselingcenter.utk.edu/

College of Arts and Sciences – http://www.artsci.utk.edu/

Funding, Fellowships, Assistantships for Graduate Students – http://gradschool.utk.edu/gradfund.shtml

Graduate School – http://gradschool.utk.edu

Graduate Catalog – http://catalog.utk.edu/index.php

 $Graduate\ Student\ Appeals\ Procedure-\underline{http://gradschool.utk.edu/documents/2016/02/student-appeals-\underline{procedures.pdf}}$

Graduate Student Senate – http://web.utk.edu/~gss

Graduate and International Admissions – http://graduateadmissions.utk.edu/

Housing – http://uthousing.utk.edu

International House – http://web.utk.edu/~ihouse

Judicial Affairs – http://web.utk.edu/~osja/

Library Website for Graduate Students – https://www.lib.utk.edu/info/grad/

Office of Equity and Diversity – http://oed.utk.edu

OIT – http://oit.utk.edu

Office of Multicultural Student Life/Frieson Black Cultural Center – http://multicultural.utk.edu/friesonbcc/

Psychology Department - http://psychology.utk.edu/

Research Compliance/Research with Human Subjects – http://irb.utk.edu/

 $International\ Teaching\ Assistant\ (ITA)\ Testing\ Program -- \underline{http://gradschool.utk.edu/graduate-student-life/ita-testing-program/}$

Thesis/Dissertation Website – http://web.utk.edu/~thesis/

Tennessee Today- http://tntoday.utk.edu/

$\boldsymbol{APPENDIX}\;\boldsymbol{A}-\boldsymbol{Required}\;\boldsymbol{Discipline}\text{-}\boldsymbol{Specific}\;\boldsymbol{Knowledge},\boldsymbol{Competencies}, and\;\boldsymbol{Minimum}\;\boldsymbol{Levels}\;of\;\boldsymbol{Achievement}$

Discipline-Specific Knowledge

Provide information below to illustrate how the program ensures that students possess knowledge in:		
Knowledge Area:	History and Systems of Psychology	
How does the program ensure that students possess knowledge?	Required course: PSYC 565 or PSYC 420 History and Systems of Psychology (see syllabi)	
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive exam Artifact E	 Evaluation tool and location: Course syllabus outlines required assignments Comprehensive Exam, Artifact E
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 565 or PSYC 420 with a B- or better Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. 	
Knowledge Area:	Affective Aspects of Behavior	
How does the program ensure that students possess knowledge?	PSYC 570 Cognitive & Affective Bases of B	Behavior
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive exam Artifact E	 Evaluation tool and location: Course syllabus outlines required assignments Comprehensive Exam, Artifact E
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 570 with a B- or better Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. 	
Knowledge Area:	Biological Aspects of Behavior	
How does the program ensure that students possess knowledge?	Required course: PSYC 527 Behavioral Neur	roscience
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive exam Artifact E	Evaluation tool and location:
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 527 with a B- or better Written comprehensive exam artifacts must examination must be passed. 	t be approved by faculty comps committee and oral

Knowledge Area:	Cognitive Aspects of Behavior	
How does the program ensure that students possess knowledge?	Required course: PSYC 570 Cognitive & Affective Bases of Behavior	
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive Exam Artifact E	 Evaluation tool and location: Course syllabus outlines required assignment Comprehensive Exam, Artifact E
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 570 with a B- or better Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. 	
Knowledge Area:	Developmental Aspects of Behavior	
How does the program ensure that students possess knowledge?	Required course: PSYC 511 Developmental Psychology or CFS 510 Theory in Human Development	
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive Exam Artifact E	Evaluation tool and location: Course syllabus outlines required assignments Comprehensive Exam, Artifact E
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 511 or CFS 510 with a B- or better Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. 	
Knowledge Area:	Social Aspects of Pohavior	
How does the program ensure that students possess knowledge?	Social Aspects of Behavior ■ Required course: PSYC 550 Social Psychology	
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive Exam Artifact E	Evaluation tool and location:
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 550 with a B- or better Written comprehensive exam artifacts must examination must be passed. 	t be approved by faculty comps committee and oral

Knowledge Area:	Advanced Integrative Knowledge of Basic Discipline-Specific Content Areas (excluding History and Systems)	
How does the program ensure that students possess knowledge?	Required course: PSYC 570 Cognitive & Affective Bases of Behavior	
How does the program assess students' knowledge in this area?	How outcomes are measured: • Grade in the course and Comprehensive Exam Artifact E	 Evaluation tool and location: Course syllabus outlines required assignments Comprehensive Exam, Artifact E
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 570 with a B- or better Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. 	
Knowledge Area:	Research Methods	
How does the program ensure that students possess knowledge?	Required courses: PSYC 580: Research Desi	gn
How does the program assess students' knowledge in this area?	 How outcomes are measured: Grade in PSYC 580. Comps Artifacts B.1 – B.6 Master's thesis Dissertation 	 Evaluation tool and location: Course syllabi describe requirements Student comps portfolios, theses, and dissertations
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass PSYC 580 and PSYC 607 with grade of B- or better. Successful defense of comps portfolio Artifacts B.1 – B.6 Successfully defended thesis and dissertation 	
Knowledge Area:	Statistical Analysis	
How does the program ensure that students possess knowledge?	Required courses: Two courses on quantitat	ive methods one focused on ANOVA (e.g., PSYC es) and one on multiple regression (e.g., PSYC 522
How does the program assess students' knowledge in this area?	How outcomes are measured: Grades in two quantitative methods courses Comps Artifacts B.2 - B.5 Theses and dissertations for those students conducting a quantitative study	 Evaluation tool and location: Course syllabi describe requirements Student comps portfolios Theses and dissertations for those students conducting a quantitative study
For each outcome above, what minimum level of achievement (MLA) must be met?	 Must pass with grade of B- or better in two q Successful defense of comps portfolio Artifa 	uantitative methods courses.

Knowledge Area:	Psychometrics		
How does the program ensure that	Required course PSYC 607: Seminar in Applied Psychometrics		
students possess knowledge?			
How does the program assess	How outcomes are measured: Evaluation tool and location:		
students' knowledge in this area?	 Grade in PSYC 607 	 Course syllabus for PSYC 607 	
	 Comps Artifact B.5 	 Student comps portfolios 	
For each outcome above, what	 Must pass PSYC 607 with grade of B- or better 		
minimum level of achievement	 Successful defense of comps portfolio Artifact B.5 		
(MLA) must be met?			

Profession-Wide Competencies

Provide information below to illustrate how the program ensures that ALL students can acquire and demonstrate substantial understanding of and competence in:		
Competency:	(i) Research	
Elements associated with this competency from IR C-8 D	 Demonstrate the substantially independent ability to formulate research or other scholarly activities (e.g., critical literature reviews, dissertation, efficacy studies, clinical case studies, theoretical papers, program evaluation projects, program development projects) that are of sufficient quality and rigor to have the potential to contribute to the scientific, psychological, or professional knowledge base. Conduct research or other scholarly activities. Critically evaluate and disseminate research or other scholarly activity via professional publication and presentation at the local (including the host institution), regional, or national level. 	
Required training/experiential activities to meet each element.	 Required courses: PSYC 580 - Research Design, PSYC 500 - Master's thesis, & PSYC 600 - Doctoral Dissertation. Completion of thesis and dissertation. 	
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured: Outcomes are measured: Course syllabus outlines required assignments of Comprehensive exam artifacts B.1-B.4 and B.6. Completion of thesis. Defense of the dissertation proposal. Evaluation tool and self-study location: Course syllabus outlines required assignments of Comprehensive exam artifacts B.1-B.4 and B.6.	

	the thesis and dissertation research projects.
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in PSYC 580, PSYC 500, & PSYC 600. Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. Successful defense of the dissertation proposal. Successful evaluation by faculty committee of both the thesis and dissertation research projects.

Competency:	(ii) Ethical and legal standards	
Elements associated with this	Be knowledgeable of and act in accordance with each of the following:	
competency from IR C-8 D	 the current version of the APA Ethical Principles of Psychologists and Code of Conduct; Relevant laws, regulations, rules, and policies governing health service psychology at the organizational, local, state, regional, and federal levels; and Relevant professional standards and guidelines. Recognize ethical dilemmas as they arise and apply ethical decision-making processes in order to resolve the dilemmas. Conduct self in an ethical manner in all professional activities. 	
Required training/experiential	Required course: PSYC 598 Ethical Issues in Professional Psychology	
activities to meet each element.	Performance in practicum and field placement settings, as rated by on-site supervisors.	
If applicable, clarify where activity description (e.g., syllabus) is located.		
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured: • Grade in the PSYC 598 course • Comprehensive exam Artifact G Evaluation tool and self-study location: • Course syllabus outlines required assignments • Comprehensive Exam, Artifact G	
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in PSYC 598 Written comprehensive exam Artifact G must be approved by faculty comps committee and oral examination must be passed. Supervisor ratings of "2" or higher on Ethical and Professional Conduct section of practicum evaluation. 	

Competency:	(iii) Individual and cultural diversity	
Required training/experiential activities to meet each element. If applicable, clarify where	 An understanding of how their own personal/they understand and interact with people different theoretical and empty diversity in all professional activities including service. The ability to integrate awareness and knowled conduct of professional roles (e.g., research, so includes the ability apply a framework for word diversity not previously encountered over the work effectively with individuals whose group worldviews create conflict with their own. Demonstrate the requisite knowledge base, altowed the properties of the professional roles. 	pirical knowledge base as it relates to addressing ag research, training, supervision/consultation, and edge of individual and cultural differences in the services, and other professional activities). This orking effectively with areas of individual and cultural course of their careers. Also included is the ability to p membership, demographic characteristics, or bility to articulate an approach to working effectively y this approach effectively in their professional work.
activity description (e.g., syllabus) is located.		
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured: • Grade in PSYC 577. • Performance in PSYC 569 -Practicum, PSYC 674 - Advanced Practicum, PSYC 676 -Field Placement. • Comprehensive exam artifacts C.1-C.3, C.5, C.6, F.2 - F.4 • Supervisor ratings of diversity competency	Evaluation tool and self-study location: • Comprehensive exam artifacts C.1-C.3, C.5, C.6, F.2-F.4 • Course syllabus outlines required assignments • Supervisor evaluations of diversity competency
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.		9, PSYC 674. Grade of Satisfactory in PSYC 676. e approved by faculty comps committee and oral of practicum evaluation.

Competency:	(iv) Professional values, attitudes, and behaviors	
Elements associated with this competency from IR C-8 D	 Behave in ways that reflect the values and attitudes of psychology, including integrity, deportment, professional identity, accountability, lifelong learning, and concern for the welfare of others Engage in self-reflection regarding one's personal and professional functioning; engage in activities to maintain and improve performance, well-being, and professional effectiveness. Actively seek and demonstrate openness and responsiveness to feedback and supervision. Respond professionally in increasingly complex situations with a greater degree of independence as they progress across levels of training. 	
Required training/experiential activities to meet each element. If applicable, clarify where activity description (e.g., syllabus) is located.	Required courses: PSYC 674 - Social Justice Practicum I and II, PSYC 598 - Ethical and Legal Issues, PSYC 577 - Multicultural Psychology, and PSYC 676 - Field Placement, & PSYC 517 - Foundations of Counseling Psychology. Performance in field placement settings, as rated by on-site supervisors.	
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	 How outcomes are measured: Grade in PSYC 674, PSYC 598, PSYC 577, PSYC 676, & PSYC 517 Comprehensive exam artifacts F.5, section H, section G.1- G.5, C.4, A.3, A.4, A.5, A.6, A.7, B.8, & B.5. Supervisor ratings 	Evaluation tool and self-study location: • Comprehensive exam artifacts F.5, section H, section G, G.1, G.2, G.3, G.4, G.5, C.4, A.3, A.4, A.5, A.6, A.7, B.8, & B.5. • Course syllabus outlines required assignments • Supervisor evaluations
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in PSYC 674, PSYC 598, PSYC 577, & PSYC 517. Grade of Satisfactory in PSYC 676. Written comprehensive exam artifacts must be approved by faculty comps committee and oral examination must be passed. Rating of "2" or higher on Professional Values and Attitudes section of practicum evaluation. 	

Competency:	(v) Communications and interpersonal skills		
Elements associated with this competency from IR C-8 D	 Develop and maintain effective relationships with a wide range of individuals, including colleagues, communities, organizations, supervisors, supervisees, and those receiving professional services. Produce and comprehend oral, nonverbal, and written communications that are informative and 		
	 well-integrated; demonstrate a thorough grasp of professional language and concepts. Demonstrate effective interpersonal skills and the ability to manage difficult communication well. 		
Required training/experiential activities to meet each element. If applicable, clarify where activity description (e.g., syllabus) is located.	 Required courses: PSYC 569 -Practicum, PSYC 674 - Advanced Practicum, PSYC 676 -Field Placement, PSYC 517 – Foundations in Counseling Psychology, and 577 - Multicultural Psychology. Performance in field placement settings, as rated by on-site supervisors. 		
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	 How outcomes are measured: Grade in PSYC 569, PSYC 674, PSYC 676, PSYC 517, & PSYC 577. Supervisor ratings on receiving supervision and professional identity competencies. Evaluation tool and self-study location: Course syllabus outlines required assignments. Supervisor evaluations of receiving supervision and professional identity competencies. 		
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in PSYC 569, PSYC 674, PSYC 517, & PSYC 577. Grade of Satisfactory in PSYC 676. Rating of "2" or higher on Communication and Interpersonal Skills section of practicum evaluation. 		

Competency:	(vi) Assessment	
Elements associated with this competency from IR C-8 D	 Demonstrate current knowledge of diagnostic behaviors, including consideration of client step to Demonstrate understanding of human behavior cultural). Demonstrate the ability to apply the knowled including context to the assessment and/or disconsideration of the select and apply assessment methods that draw reflect the science of measurement and psych and methods appropriate to the identified goar diversity characteristics of the service recipie. Interpret assessment results, following current to inform case conceptualization, classification decision-making biases, distinguishing the as are objective. 	or within its context (e.g., family, social, societal and ge of functional and dysfunctional behaviors agnostic process. The forms the best available empirical literature and that at a cometrics; collect relevant data using multiple sources als and questions of the assessment as well as relevant tent. The tresearch and professional standards and guidelines, on, and recommendations, while guarding against espects of assessment that are subjective from those that the findings and implications of the assessment in
Required training/experiential activities to meet each element. If applicable, clarify where activity description (e.g., syllabus) is located.	Required courses: PSYC 599 Clinical Psychology Assessment II	opathology, PSYC 667 Assessment I, PSYC 668
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured:	 Evaluation tool and self-study location: Course syllabi outline required assignments Comprehensive Exam, Artifact D Supervisor evaluation
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in the courses listed Written comprehensive exam artifacts must examination must be passed. Rating of "2" or higher on the Assessment se 	t be approved by faculty comps committee and oral action of the practicum evaluation form.

Competency:	(vii) Intervention		
Elements associated with this competency from IR C-8 D	 Establish and maintain effective relationships with the recipients of psychological services. Develop evidence-based intervention plans specific to the service delivery goals. Implement interventions informed by the current scientific literature, assessment findings, diversity characteristics, and contextual variables. Demonstrate the ability to apply the relevant research literature to clinical decision making. Modify and adapt evidence-based approaches effectively when a clear evidence-base is lacking. 		
	 Evaluate intervention effectiveness, and adapt intervention goals and methods consistent with ongoing evaluation. 		
Required training/experiential activities to meet each element. If applicable, clarify where activity description (e.g., syllabus) is located.	 Required courses: PSYC 433 Theories of Counseling, PSYC 510/COUN 554 Introduction to Group Interventions, PSYC 518 Advanced Theories and Interventions, PSYC 568 Pre-practicum, PSYC 569 Practicum, PSYC 674 Advanced Practicum, PSYC 675 Advanced Theory and Practice in Group Counseling, PSYC 676 Field Placement 		
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured: Grades in courses listed Comprehensive exam Artifact F Supervisors' evaluations	Evaluation tool and self-study location:	
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of B- or better in the listed courses, (Satisfactory for PSYC 676 Field Placement) Written comprehensive exam Artifact F must be approved by faculty comps committee and oral examination must be passed. Supervisor ratings of "2" or higher on the Intervention section of the practicum evaluation form. 		

Competency:	(viii) Supervision		
Elements associated with this	 Demonstrate knowledge of supervision models and practices. 		
competency from <u>IR C-8 D</u>			
Required training/experiential	 Required courses: PSYC 678 (Supervision Theory and Practice) and PSYC 664 (Practicum in 		
activities to meet each element.	Supervision)		
If applicable, clarify where			
activity description (e.g., syllabus)			
is located.			
How outcomes are measured for	How outcomes are measured:	Evaluation tool and self-study location:	
each training/experiential activity	 Grade in PSYC 678 and PSYC 664 	 Course syllabi outlines requirements 	
listed above.			
Minimum levels of achievement	 Grade of B- or better in the listed courses 		
(MLAs) for each outcome			
measure/evaluation tool listed			
above.			

Competency:	(ix) Consultation and interprofessional/interdisciplinary skills		
Elements associated with this	Demonstrate knowledge and respect for the roles and perspectives of other professions.		
competency from IR C-8 D	Demonstrates knowledge of consultation models and practices.		
Program-defined elements	Demonstrate knowledge and skills in needs assessment and systems-level program development,		
associated with this competency	implementation, and evaluation.		
(if applicable)			
Required training/experiential	Required courses: PSYC 674: Social Justice Practicum I & II		
activities to meet each element.			
If applicable, clarify where			
activity description (e.g., syllabus)			
is located.			
How outcomes are measured for	How outcomes are measured:	Evaluation tool and self-study location:	
each training/experiential activity	 Social Justice Portfolio 	 PSYC 674 course syllabi list requirements 	
listed above.	 Grade in PSYC 674 	 Student Social Justice Portfolios 	
Minimum levels of achievement	 Successful completion of Social Justice Portfolio, including description of needs assessment, 		
(MLAs) for each outcome	intervention, and program evaluation.		
measure/ tool listed above.	• Grade of B- or better in both semesters of PSYC 674.		

Program-Specific Competencies

Provide information below to illustrate how the program ensures that ALL students can acquire and demonstrate substantial					
understanding of and competence in any program-specific competencies:					
Program-Specific Competency 1: Social Justice Advocacy Training	 Develop knowledge of the theoretical and applied foundations of social justice work, both within counseling psychology and from an interdisciplinary perspective. Develop one's own theoretical orientation toward social justice advocacy. Develop skills in needs assessment and systemic-level program development, implementation, and evaluation. Develop skills for social justice advocacy in clinical and systems-level work, including skills for empowering clients, educating and raising consciousness among the lay public and policy makers, and facilitating dialogues around social justice issues. 				
Elements associated with this competency:					
Required training/ experiential activities used to meet each element. If applicable, clarify where activity description (e.g., syllabus) is located.	• Required courses: PSYC 674: Social Justice Practicum I & II, PSYC 675: Advanced Group Methods (Intergroup Dialogue). Descriptions are located in the syllabi for these courses. PSYC 674 requires a year-long placement working on a specific social injustice in our community. This involves a needs assessment and systemic-level program development, implementation, and evaluation, culminating in the Social Justice Portfolio. PSYC 675 involves the co-facilitation of an intergroup dialogue for undergraduate students related to race, class, gender, sexual orientation, or religion and associated forms of privilege and oppression and social conflicts.				
How outcomes are measured for each training/experiential activity listed above. List where in the self-study all associated evaluation tools are located.	How outcomes are measured: Grades in PSYC 674 and PSYC 675 Social Justice Portfolio Comps Artifacts H.1 and H.2	 Evaluation tool and self-study location: Course syllabi for PSYC 674 and PSYC 675 Social Justice Practicum Portfolios Comps Artifacts H.1 and H.2 			
Minimum levels of achievement (MLAs) for each outcome measure/evaluation tool listed above.	 Grade of A or B in PSYC 674 and PSYC 675 Successful completion of Social Justice Portfolio Passing Comps Artifacts H.1 and H.2 				